

## VICTORIA N. FOLSE

### EDUCATION

Ph.D. 9/98 – 2/02	Saint Louis University School of Nursing, Saint Louis, Missouri Research Methodology Concentration
M.S. 9/87 – 12/89	University of Illinois at Chicago College of Nursing, Chicago, Illinois Adult Psychiatric/Mental Health Nursing
B.S.N. 9/82 – 5/86	Illinois Wesleyan University Bloomington, Illinois

### PROFESSIONAL EXPERIENCE

8/14 – present	Professor and Caroline F. Rupert Endowed Chair of Nursing School of Nursing, Illinois Wesleyan University, Bloomington, Illinois
8/09 – present	Director School of Nursing, Illinois Wesleyan University, Bloomington, Illinois
10/19 – present	Executive Director (served in interim capacity from 10/19 – 12/20) Counseling and Consultation Services and Arnold Health Services Illinois Wesleyan University, Bloomington, Illinois
6/18 – 7/19	Interim Director School of Music, Illinois Wesleyan University, Bloomington, Illinois
8/08 – 7/14	Associate Professor (tenured 8/08) School of Nursing, Illinois Wesleyan University, Bloomington, Illinois
12/05 – 9/12 (part-time)	Behavioral Health Resource Clinician II Psychiatric Emergency Care, Eating Disorders, and Partial Hospitalization Programs OSF Saint Francis Medical Center, Peoria, Illinois
8/02 – 7/08	Assistant Professor School of Nursing, Illinois Wesleyan University, Bloomington, Illinois
8/99 – 11/05 (part-time)	Psychotherapist/Clinical Supervisor Eating Disorders and Behavioral Health Programs OSF Saint Francis Medical Center, Peoria, Illinois
8/99 – 7/02	Assistant Professor Department of Nursing, Bradley University, Peoria, Illinois
1/99 – 7/99	Clinical Coordinator Inpatient Mental Health Program, OSF Saint Francis Medical Center, Peoria, Illinois
5/95 – 12/98	Intensive Services Coordinator Eating Disorders Program, OSF Saint Francis Medical Center, Peoria, Illinois

11/92 – 4/95 Inpatient Clinical Coordinator  
Eating Disorders Program, Saint Francis Medical Center, Peoria, Illinois

5/88 – 10/92 Assistant Nursing Care Manager/ Clinical Nurse Educator  
Eating Disorders Program, Saint Francis Medical Center, Peoria, Illinois

6/86 – 4/88 Staff/Charge Nurse  
Eating Disorders Program, Saint Francis Medical Center, Peoria, Illinois

**LICENSURE**

1986 – present Registered Professional Nurse, State of Illinois  
2001 – present Advanced Practice Registered Nurse with Prescriptive Authority, State of Illinois  
1995 – present Licensed Clinical Professional Counselor, State of Illinois

**CERTIFICATION**

1992 – present Clinical Specialist in Adult Psychiatric and Mental Health Nursing  
American Nurses Credentialing Center

**TEACHING**

**EXPERTISE**

▪ **ILLINOIS WESLEYAN**

Nursing 330: Psychiatric/Mental Health Nursing - theory and clinical - inc. course coordinator (2002-present)  
Nursing 450: Nursing Management and Leadership - theory inc. course coordinator (2003-2008)  
Nursing 460: Public Health Nursing - clinical (2015)  
Nursing 485: Seminar in Professional Nursing (2010; 2017; 2019-present) *General Education: Writing Intensive*  
Health 350: Drug Abuse (2003-2007; 2011-2012; 2018) *General Education: Analysis of Values with Global Diversity added in 2018*  
Health 310: Interdisciplinary Studies in Palliative Care and Gerontology and Internships (2019-present; team taught with Drs. A. Funk, M. Hall, W. Jaeckle, and L. Walker) *General Education: Analysis of Values*  
Gateway 100: Madness (2004-2008; 2013-2016) *General Education: Gateway Colloquium*

▪ **BRADLEY**

Nursing 201: Individuals, Society, Health, and Nursing (1999-2001)  
Nursing 212: Adaptation of the Individual - theory, lab, and clinical (2000)  
Nursing 220: Alcohol Use, Abuse, and Dependence (2000-2002)  
Nursing 233: Sexually Transmitted Diseases (1999-2000)  
Nursing 301/311: Adaptation of the Maturing Family - theory and clinical (1999-2001)  
Nursing 303: Research in Nursing (2001-2002)  
Nursing 402: Nursing: Individuals, Society, and Health (2000-2002)  
Nursing 620: Graduate Research Methods in Nursing (1994-1995)

**PROFESSIONAL MEMBERSHIPS**

Academy for Eating Disorders 2002-present  
American Association of Colleges of Nursing (IWU Representative) 2009-present  
AACN-Wharton Application Reviewer 2017 (invited)  
American Nurses Association/ American Nurses Association - Illinois 2017-present  
Illinois Association of Colleges of Nursing (IWU Representative) 2009-present  
Illinois Healthcare Action Coalition Education Workgroup 2013-2015 (appointed)  
Vice Chairperson 2012-2015 (elected)  
Nominating Committee 2011-2012 (appointed)  
Bylaws Committee 2010-2011 (appointed)  
Midwest Nursing Research Society 2000-present  
Abstract Review Committee 2013 (invited)  
Orem International Society (formerly International Orem Society) 2004-2019  
Vice President 2012-2017 (elected)  
Young Scholar Award Committee 2012 (invited)

**HONORARIES**

American Association of Colleges of Nursing/ The Wharton School, University of

Pennsylvania AACN-Wharton Executive Leadership Fellow 2016  
American Association of Colleges of Nursing  
Leadership for Academic Nursing Program Fellow 2008  
Army ROTC Nursing Center of Excellence (awarded to Illinois Wesleyan University) 2016  
Brooke Army Medical Center (BAMC) at Fort Sam Houston, Texas, Summer  
Faculty Tour 2017  
Fort Knox, Louisville, Kentucky, U.S. Army Cadet Command Summer Leadership  
Symposium 2016  
The Honor Society of Phi Kappa Phi 1989-present  
Kemp Foundation Award for Teaching Excellence at Illinois Wesleyan University 2018  
Mental Health Association of Illinois Valley  
Dr. Peg Burke Award, Mental Health Educator of the Year 2006  
Sigma Theta Tau International Honor Society of Nursing 1989-present  
Alpha Lambda Chapter 1989-present  
Theta Pi Chapter 2002-present  
President 2021-present (elected); Vice President 2009-2014 (elected); Faculty Counselor  
2006-2008 (elected)

## PUBLICATIONS

### ▪ MANUSCRIPTS

- Folse, V.N., Jarvis, C.M, Swanlund, S.L, & Timan, M.R. (2015). The creation of a synchronous learning environment to support a study abroad program for nursing majors at a traditional liberal arts university. *Journal of Professional Nursing, 31*(3), 233-241. doi: 10.1016/j.profnurs.2014.10.008
- Strong, K. & Folse, V.N. (2015). Assessing undergraduate nursing students' knowledge, attitudes and cultural competence in caring for lesbian, gay, bisexual, and transgender patients. *Journal of Nursing Education, 54*(1), 45-49. doi: 10.3928/01484834-20141224-07
- Folse, V.N. & Krawzak, K.M. (2013). The family experience with eating disorders scale: A systematic way to engage the family in treatment. *Perspectives in Psychiatric Care, 49*(4), 269-277. doi: 10.1111/ppc.12016
- Pretz, J.E., & Folse, V.N. (2011). Nursing experience and preference for intuition in decision making. *Journal of Clinical Nursing, 20* (19-20), 2878-2889. doi: 10.1111/j.1365-2702.2011.03705.x
- Folse, V.N., & Hahn, R.L. (2009). Suicide risk screening in an emergency department: Engaging staff nurses in continued testing of a brief instrument. *Clinical Nursing Research, 18*(3), 253-271. doi: 10.1177/1054773809335296
- Folse, V.N. (2007). The family experience with eating disorders scale: Psychometric analysis. *Archives of Psychiatric Nursing, 21*(4), 210-221. doi: 10.1016/j.apnu.2007.04.003
- Folse, V.N., Eich, K., Hall, A., & Ruppman, J. (2006). Detecting suicide risk in adolescents and adults in an emergency department: A pilot study. *Journal of Psychosocial Nursing and Mental Health Services, 44*(3), 23-29.
- Ruthman, J., Jackson, J., Cluskey, M., Flannigan, P., Folse, V.N., & Bunten, J. (2004). Using clinical journaling to capture critical thinking across the curriculum. *Nursing Education Perspectives, 25*(3), 120-123.

## ▪ BOOK CHAPTERS

- Folse, V.N. (2021). Self-concept. In P. Potter & A. Perry. (Eds), *Fundamentals of nursing, 10<sup>th</sup> Edition* (pp. 690-704), St. Louis: Elsevier.
- Folse, V.N. (2021). Sexuality. In P. Potter & A. Perry. (Eds), *Fundamentals of nursing, 10<sup>th</sup> Edition* (pp. 705-722), St. Louis: Elsevier.
- Folse, V.N. (2019). Managing quality and risk. In P. Yoder-Wise. (Ed), *Leading and managing in nursing, 7<sup>th</sup> Edition* (pp. 407-427), St. Louis: Elsevier.
- Folse, V.N. (2019). Communication and conflict. In P. Yoder-Wise. (Ed), *Leading and managing in nursing, 7<sup>th</sup> Edition* (pp. 123-140), St. Louis: Elsevier.
- Folse, V.N. (2019). Self-concept and sexuality. In P. Potter & A. Perry. (Eds), *Essentials for nursing practice, 9<sup>th</sup> Edition* (pp. 624-643), St. Louis: Elsevier.
- Folse, V.N. (2017). Self-concept. In P. Potter & A. Perry. (Eds), *Fundamentals of nursing, 9<sup>th</sup> Edition* (pp. 701-715), St. Louis: Elsevier.
- Folse, V.N. (2015). Managing quality and risk. In P. Yoder-Wise. (Ed), *Leading and managing in nursing, 6<sup>th</sup> Edition* (pp. 361-382), St. Louis: Elsevier.
- Folse, V.N. (2015). Conflict: The cutting edge of change. In P. Yoder-Wise. (Ed), *Leading and managing in nursing, 6<sup>th</sup> Edition* (pp. 431-449), St. Louis: Elsevier.
- Folse, V.N. (2015). Communication. In P. Potter & A. Perry. (Eds), *Essentials for nursing practice, 8<sup>th</sup> Edition* (pp. 181-201), St. Louis: Elsevier.
- Folse, V.N. (2012). Self-concept. In P. Potter & A. Perry. (Eds), *Fundamentals of nursing, 8<sup>th</sup> Edition* (pp. 658-673), St. Louis: Mosby.
- Folse, V.N. (2011). Managing quality and risk. In P. Yoder-Wise. (Ed), *Leading and managing in nursing, 5<sup>th</sup> Edition* (pp. 389-409), St. Louis: Elsevier.
- Folse, V.N. (2011). Conflict: The cutting edge of change. In P. Yoder-Wise. (Ed), *Leading and managing in nursing, 5<sup>th</sup> Edition* (pp. 464-481), St. Louis: Elsevier.
- Folse, V.N. (2010). Self-concept and sexuality. In P. Potter & A. Perry. (Eds), *Basic nursing essentials for practice, 7<sup>th</sup> Edition* (pp. 598-618), St. Louis: Mosby.
- Folse, V.N. (2009). Self-concept. In P. Potter & A. Perry. (Eds), *Fundamentals of nursing, 7<sup>th</sup> Edition* (pp. 410-425), St. Louis: Mosby.
- Folse, V.N. (2007). Managing quality and risk. In P. Yoder-Wise. (Ed), *Leading and managing in nursing, 4<sup>th</sup> Edition* (pp. 389-406), St. Louis: Elsevier.
- Folse, V.N. (2007). Self-concept and sexuality. In P. Potter & A. Perry. (Eds), *Basic nursing essentials for practice, 6<sup>th</sup> Edition* (pp. 557-576), St. Louis: Mosby.
- Folse, V.N. (2005). Self-concept. In P. Potter & A. Perry. (Eds), *Fundamentals of nursing, 6<sup>th</sup> Edition* (pp. 500-521), St. Louis: Mosby.

▪ **BOOK REVIEWS**

Folse, V.N. (2015). *Compassion fatigue and burnout in nursing*, by V. Todaro-Franceschi. (New York, NY: Springer, 2013). *Nursing Science Quarterly*, 28(3), 253-254. doi:10.1177/0894318415585632

Folse, V.N. (2013). *Self-care, nursing theory, and evidence-based practice*, by S. G. Taylor and K. Renpenning. (New York, NY: Springer, 2011). *Nursing Science Quarterly*, 26(3), 290-291. doi: 10.1177/0894318413489155

**EDITORIAL WORK/  
MANUSCRIPT REVIEW** 2016 – present  
2014 – present  
2013 – present  
2006 – 2012

Reviewer for *Journal of Advanced Nursing*  
Reviewer for *Journal of Professional Nursing*  
Reviewer for *Perspectives in Psychiatric Care*  
Reviewer for *Journal of Psychosocial Nursing and Mental Health Services*

**GRANTS/AWARDS**

2019 National Endowment for the Humanities Grant for Journeys of Healing: Leveraging Humanities to Promote Health (with Dr. Michael Theune), \$99,173 (unfunded)

2018 Arthur Vining Davis Foundation (with Drs. Amy Funk, Will Jaeckle, and Loni Walker) for Palliative Care Internships for Undergraduate Pre-Medicine, Pre-Healthcare, and Nursing Students at Illinois Wesleyan University, \$150,000

2018 Illinois Board of Higher Education (IBHE) Expansion Grant for Incorporating Anatomage Table Pedagogy to Improve First Year Nursing Major Retention Rates, \$100,000

2016 National Collegiate Athletic Association (NCAA) CHOICES Grant for Education on Alcohol Use, Prevention of Abuse, and Related Risky Behaviors, \$750

2015 Illinois Wesleyan University Continuous Professional Development Grant for Spanish Language Acquisition and Cultural Immersion in Barcelona, Spain, \$1,000

2014 Illinois Wesleyan University Writing in the Disciplines Mellon Grant (with Drs. Ann Eckhardt and Carolyn Jarvis) for Developing Writing in Nursing Students, \$3,000

2013 American Association of Colleges of Nursing Innovations in Professional Nursing Education Small Schools Award (accepted on behalf of the Illinois Wesleyan University School of Nursing) for An Innovative Study Abroad Program for Nursing Majors at a Traditional Liberal Arts University, \$1,000

2012 Open World Leadership Center Hosting Program Grant (with Kathy Powell, Barb Campbell Glass, Dr. Karen Dennis, and Dr. Wendy Woith of the Vladimir/Canterbury Sister City Association Medical Partnership Committee) for Healthcare Provision: Use of Evidence-based Practice in Health Risk Reduction and the Promotion of Healthy Minds and Bodies, \$8,476

2009 Illinois Wesleyan University Artistic and Scholarly Development Grant (with Dr. Sharie Metcalfe) for Recruiting and Retaining Qualified Nurses: A Unifying Concern for the United States and Russia, \$5,340

2009 The Illinois Board of Higher Education Nurse Educator Fellowship, \$10,000

2006 Illinois Wesleyan University Curriculum Development Grant (with Dr. Sharie Metcalfe) for Madrid: Toward Globalization and Global Healthcare, \$3,000

2004 BroMenn Auxillary Grant (with Dr. Donna Hartweg) for Faculty-Student Research and NCLEX-RN Licensure Preparation, \$15,000

2002 Illinois Wesleyan University Curriculum Development Grant for Health Care of Native Americans Travel Course, \$2,000

**PROGRAM  
EVALUATION/  
CONSULTING**

2019 – present Commission on Collegiate Nursing Education (CCNE) Report Review Committee  
Co-Chair 2021 – present

2017 – present Commission on Collegiate Nursing Education (CCNE) Accreditation, Team Leader

2013 – present Commission on Collegiate Nursing Education (CCNE) Accreditation, On-Site Evaluator

2012 – present Clinical Supervisor for Master’s prepared clinicians and consulting psychotherapist for select patients and families, Private Practitioner

2011 Council on International Educational Exchange (CIEE)–Facultad Latinoamericana de Ciencias Sociales (FLACSO), Buenos Aires, Argentina, Summer Community Public Health Program Evaluator

2010 St. Mary’s College, South Bend, IN, Department of Nursing, Program Evaluator

2008 Swedish Covenant Hospital, Chicago, IL, Implementing Suicide Screening in the Emergency Department, Research Consultant

**PROFESSIONAL  
PRESENTATIONS**

11/16/18 Core Competencies as a Means of Decreasing Incivility (Paper Presentation with A. Eckhardt, L. Bertschi, and M. Timan)  
American Association of Colleges of Nursing Baccalaureate Education Conference, New Orleans, Louisiana

11/21/14 An Innovative Study Abroad Program: A Model for Professional Fields in Study Abroad (Paper Presentation with R. Kurtzman and S. Shimizu)  
2014 Annual Council on International Educational Exchange (CIEE) Conference: Breaking Barriers: Cost, Curriculum, Culture, Baltimore, Maryland

10/24/14 An Innovative Study Abroad Program for Nursing Majors in Spain: A Model for Study Abroad (Paper/Panel Presentation with R. Kurtzman and S. Shimizu)  
The Forum on Education Abroad Second European Conference: What Does it Mean to be a “Traditional” Destination? Challenges and Opportunities for Education Abroad in Europe, Barcelona, Spain

10/4/14 Advancing the Future of Nursing in Illinois through Associate and Baccalaureate Degree Program Partnerships (Invited Paper Presentation with D. Meyer)  
Sigma Theta Tau International Honor Society of Nursing, Omicron Delta - Phi Pi Chapters  
The Future of Nursing Conference: How Far Have We Come? Chicago, Illinois

11/16/12 An Innovative Study Abroad Program for Nursing Majors at a Traditional Liberal Arts University (Paper Presentation with C. Jarvis, S. Swanlund, and M. Runyard)  
2012 American Association of Colleges of Nursing Baccalaureate Education Conference, San Antonio, Texas

5/11/12 Teaching Self-Care Deficit Nursing Theory (SCDNT) Across the Curriculum  
(Workshop Presentation with S. Metcalfe) 12<sup>th</sup> Annual International Orem Society  
World Congress, Luxembourg City, Luxembourg

5/3/12 Family Experience with Eating Disorders Scale: A Systematic Way to Engage the Family in

- Treatment (Paper Presentation with K. Hoff) 2012 International Conference on Eating Disorders: Connecting Practice and Research, Austin, Texas
- 6/13/11 Efforts to Reduce the Risk of Drugs and Alcohol in the United States: A Unifying Global Health Concern (Paper Presentation) Faculty Development Seminar: Comparative Health Studies, International Education of Students (IES) Santiago, Santiago, Chile
- 5/25/11 Drugs and Alcohol: A Unifying Concern for the United States and Russia, (Invited Paper Presentation) Health Care Department, Vladimir Oblast Administration and Medical Partnership Committee of the Vladimir/Canterbury Sister City Association, Vladimir, Russia
- 4/9/10 Nursing Experience and Preference for Intuition in Decision Making (Poster Presentation and facilitated discussion with J. Pretz) 34th Annual Research Conference of the Midwest Nursing Research Society, Kansas City, Missouri
- 7/16/09 Family Experience with Eating Disorders Scale: Congruence of Child and Family Perceptions of Family Environment (Paper Presentation with K. Hoff) Sigma Theta Tau International 20<sup>th</sup> International Nursing Research Congress, Vancouver, British Columbia, Canada
- 5/19/09 Professional Burnout-Recruiting and Retaining Qualified Nurses: A Unifying Concern for the United States and Russia, (Invited Paper Presentation) Medical Partnership Committee of the Vladimir/Canterbury Sister City Association, Vladimir, Russia
- 6/28/08 Retaining Self-Care Deficit Nursing Theory (SCDNT) as a Curricular Framework for the Next Generation of Nurses (Paper Presentation with S. Metcalfe) 10<sup>th</sup> International Orem Society World Congress, Vancouver, British Columbia, Canada
- 2/29/08 Engaging Undergraduate Nursing Students through Research (Invited Paper Presentation with S. Metcalfe) Engagement Conference, Murray State University, Murray, Kentucky
- 2/17/08 Engaging an Entire Campus Community in the First Year Summer Reading Program (Paper Presentation) University of South Carolina National Resource Center 27<sup>th</sup> Annual Conference on The First-Year Experience, San Francisco, California
- 3/25/07 Detecting Suicide Risk in Adults and Adolescents in an Emergency Department (Paper Presentation) Midwest Nursing Research Society Annual Research Conference, Omaha, Nebraska
- 2/23/07 Evidence-Based Practice for Detecting Suicide Risk in Adults and Adolescents (Paper Presentation) 8<sup>th</sup> Annual Evidence-Based Practice Conference, Arizona State University, College of Nursing and Healthcare Innovation, Phoenix, Arizona
- 7/21/06 SCDNT, NANDA, NIC, and NOC: Competing or Complementary Organizing Frameworks? (Paper Presentation) 9<sup>th</sup> World Congress Self-Care Deficit Nursing Theory, Johannesburg, South Africa
- 3/16/06 Direct Assessment and Referral Team (DART): Innovative Psychiatric Services (Poster Presentation with Lynn Irving Klass and Gail Koch) Nurses Shaping Our Future, St. Mary's Hospital Medical Center, Madison, Wisconsin
- 7/13/05 Detecting Suicide Risk in Adolescents and Adults in an Emergency Department: A Pilot Study (Poster Presentation) Sigma Theta Tau 3<sup>rd</sup> International Evidence-Based Nursing Preconference, Waikoloa, Hawaii

- 3/10/05 Critical Incident Stress Management for Emergency Service Providers and Detecting Suicide Risk in an Emergency Department (Paper Presentations)  
Trauma Conference, American Association of Critical Care Nurses, Peoria, Illinois
- 10/1/04 The Use of Clinical Journaling to Enhance the Development of Nursing Agency in Students Providing Psychiatric-Mental Health Care (Paper Presentation)  
8<sup>th</sup> World Congress Self-Care Deficit Nursing Theory, Ulm, Germany
- 3/1/04 The Family Experience with Eating Disorders Scale: Psychometric Analysis (Paper Presentation) Midwest Nursing Research Society Annual Research Conference, St. Louis, Missouri
- 4/27/02 The Development of the Family Experience with Eating Disorders Scale (Paper Presentation) Academy for Eating Disorders, Boston, Massachusetts
- 8/12/01 The Need for an Improved Family Functioning Inventory for Eating Disorder Populations (Paper Presentation) International Association of Eating Disorders Professionals Foundation, San Diego, California

**SERVICE**

▪ **UNIVERSITY**

- 2003 – present First Year Academic Advisor 2003-2008; 2013-2015; 2016-present
- 2005 – present Summer Reading Facilitator 2005-2014; 2016-present
- 2020 Search Committee, Director of Counseling and Health (Search Advocate)
- 2019 Search Committee, Woman’s Assistant Volleyball Coach, Athletics (Search Advocate)
- 2019 Search Committee, Men’s Volleyball Coach, Athletics (Search Advocate)
- 2019 Search Committee, Sports Information Director, Athletics (Search Advocate)
- 2019 Search Committee, Assistant Football Coach, Athletics (Search Advocate)
- 2018 Search Committee, Director and Professor of School of Music (Search Advocate)
- 2018 Search Committee, Music Education tenure-line faculty position (Search Advocate)
- 2018 Spain Program Faculty Director (supervised 18 students for a semester in Barcelona)
- 2016 – 2017 Search Committee, Clinical/Counseling Psychology tenure-line faculty position
- 2013 – 2016 Strategic Planning and Budgeting Committee (3 year elected term)  
Enriched Campus Community Work Group 2013-2014
- 2016 Psychology Honors Research Project of Mark Curtis entitled Anatomical Effects of Exercise Following Ischemic Insult in Young and Aged c57BL/6 Mice (Committee Member)
- 2015 Search Committee, University President (elected)
- 2014 – 2015 Council for Advancement of Standards in Higher Education review of Arnold Health Services
- 2014 Psychology Honors Research Project of Lauren Nielsen entitled Trust-Based Relational Intervention (TBRI) for Adopted Children Receiving Therapy in an Outpatient Setting (Committee Member)
- 2013 Psychology Honors Research Project of Anna Woodruff entitled What University Personnel Should Know: Students’ Career Confidence, Help-Seeking Stigmas, and Perceptions of College Career Centers (Committee Member)
- 2013 Search Committee, Microbiology tenure-line faculty position
- 2011 – 2013 Council on University Programs and Policy (2 year elected term)  
Vice Chairperson 2011-2013  
Faculty Representative to the Board of Trustees 2012-2013
- 2004 – 2013 Advising and Summer Reading Committee [formerly First Year Advisory Board] (appointed)  
Participated in development/implementation of Summer Reading Program 2005-2013  
Presented at First Year Advising Faculty Conference 2004-2010  
Presented at “Experience IWU” Parent Orientation 2005-2010  
Presented at MALANA Orientation 2007-2010  
Participated in Vice President of Student Affairs/Dean of Students search 2005



2004 – 2012	Counseling and Consultation Services Workgroups Member of Campus Alcohol Social Norming Advisory Workgroup 2007; 2012 Member of Eating Disorders Workgroup 2005 Member of Mental Health Awareness Week Workgroup 2004
2012	Psychology Honors Research Project of Erin Vogel entitled Attachment Theory and the Sexual Double Standard (Committee Member)
2012	Psychology Honors Research Project of Alyssa Schardt entitled Social Physique Anxiety, Self-Esteem, and Body Image: The Effects of Exercising with the Opposite Sex (Committee Member)
2009 – 2011	Promotion and Tenure Committee (2 year elected term)
2007 – 2010	First Year Advising Coordinator (3 year appointed term)
2010	Psychology Honors Research Project of Meagan Gleason entitled An Analysis of Continuous Chest Compression CPR for EMS Providers During Out of Hospital Cardiac Arrest (Committee Member)
2008 – 2009	Academic Advising Center Advisory Board
2006 – 2008	Academic Appeals Committee (2 year elected term)
2008	Search Committee, Director of Academic Advising
2007	Economics Honors Research Project of Matt Goergen entitled Exploring the Effects of Age at Arrival and Region of Origin on the Earnings of Immigrant Physicians in the U.S. (Committee Member)
2006 – 2007	Search Committee, Developmental Psychology tenure-line faculty position
2006	Traditions Workgroup, Development and Alumni Relations
2006	Fulbright Campus Interview Committee
2005	Member of Presidential Inauguration Symposium Workgroup
2005	Search Committee, Director of Counseling and Consultation Services
2003	Psychology Honors Research Project of Liza Zolot entitled The Development of a Measure of Men's Objectification of Women (Committee Member)
▪ SON 2009 – present	Nurse Faculty Organization (Chairperson) Curriculum Committee (ex officio member) 2009-present Student Affairs Committee (ex officio member) 2009-present
2019	Nursing Research Honors Project of Amy Clapp entitled Effects of Weighted Blankets on College Students' Anxiety (Committee Member)
2019	Nursing Research Honors Project of Andrew Coop entitled Nursing Students' Knowledge of Alcohol-Interactive Medication (Committee Member)
2010 – 2018	Search Committee, Open rank Nursing/Health tenure-line faculty positions (Chairperson)
2017	Nursing Research Honors Project of Kyle Serafico entitled Assessing Nurses' Knowledge of Alcohol-Interactive Medications (Committee Member)
2015	Nursing Research Honors Project of Ashley Tegge entitled Levels of Empathy in Undergraduate Healthcare Professions Students (Committee Member)
2014	Nursing Research Honors Project of Jen Boll entitled Development of a Measure of Nurse Vigilance from the Patient's Perspective: A Content Validity Study (Committee Member)
2014	Nursing Research Honors Project of Katelyn McDonald entitled Evidence-Based Practice in Action: Ensuring Quality of Pediatric Assessment Frequency (Committee Member)
2013	Nursing Research Honors Project of Kristy Strong entitled Assessing Undergraduate Nursing Students' Knowledge, Attitudes and Cultural Competence in Caring for Lesbian, Gay, Bisexual, and Transgender (LGBT) Patients (Chairperson)
2012	Nursing Research Honors Project of Katie Racanelli entitled Traumatic Brain Injury Awareness: Educational Techniques (Chairperson)
2012	Nursing Research Honors Project of Kelly Cantlin entitled Trends of Emergency Department Use by Uninsured Individuals for Non-Urgent Health Care Conditions (Committee Member)
2005 – 2009	Curricular Revision Committee
2002 – 2009	Nurse Faculty Organization

Faculty Secretary Fall 2007, Fall 2008  
 Vice Chairperson 2004-2005  
 2002 – 2009 Curriculum Committee  
     Convener of NCLEX-RN Workgroup 2003-2009  
     Convener of Faculty Course Evaluation Workgroup 2003-2009  
     Chairperson 2005-2007  
     Member of Orem SCDNT Workgroup 2002-2003  
 2009 Search Committee, Maternal-Child Health Nursing tenure-line faculty position (Chairperson)  
 2009 Search Committee, Public-Community Health Nursing tenure-line faculty position  
 2008 Nursing Research Honors Project of Katie Hoff entitled Family Experience with Eating Disorders Scale: Exploring Reliability and Validity and Evaluating the Clinical Utility of its Use in Treatment (Chairperson)  
 2008 Search Committee, Medical-Surgical Nursing tenure-line faculty position  
 2006 Nursing Research Honors Project of Rebecca Hahn entitled Detecting Suicide Risk in Adolescents and Adults in an Emergency Department: An Implementation Study (Chairperson)  
 2004 Nursing Research Honors Project of Katie Davis entitled Detecting Suicide Risk in Adolescents and Adults in an Emergency Department: A Pilot Study (Chairperson)  
 2004 Search Committee, Public-Community Health Nursing tenure-line faculty position

▪ **COMMUNITY** 2011 – present Community Health Care Clinic  
     Board Member (3 3-year elected terms 2011-2019)  
     Nominating Committee 2011-2019; Chairperson 2017-2019  
     Quality Assurance Committee 2016-present  
 2009 – present Medical Partnership Committee of the Vladimir/Canterbury Sister City Association  
 1989 – present Heart of Illinois Critical Incident Stress Management Team (CISM), Clinical Director  
     Peoria Area EMS Award 2001  
     NYPD/POPPA CISM Debriefing for 9/11 One-Year Anniversary 2003  
 2017 – present U.S. Congressman Rodney Davis’s Healthcare Advisory Coalition  
 2009 – 2015 Regional Nursing Program Planning Committee Member  
 2006 – 2019 Sigma Kappa Sorority, Corporation Board Vice President, Eta Chapter  
 1989 – 2009 OSF Saint Francis Medical Center Professional Nursing Congress Research Committee

**CONTINUING  
 EDUCATION  
 (SELECT)**

3/19/21 – Inspiring Fortitude: Ushering in the Future of Academic Nursing  
 3/23/21 American Association of Colleges of Nursing, Washington, DC (remote)  
 12/1/20 – Fundamentals of Online Teaching (FoOT) Certificate Program  
 1/25/21 University of Wisconsin-Madison (remote)  
 10/18/20 – Driving Innovation and Excellence in Uncertain Times  
 10/21/20 American Association of Colleges of Nursing, Washington, DC (remote)  
 10/19/19 – Building on Success: Creating our Preferred Future  
 10/22/19 American Association of Colleges of Nursing, Washington, DC  
 3/22/19 – Reflecting on the Past, Looking to the Future  
 3/26/19 American Association of Colleges of Nursing, Washington, DC  
 10/27/18 – Moral Courage, Agility, and Resiliency: Leadership Strategies for Winning Results  
 10/30/18 American Association of Colleges of Nursing, Washington, DC  
 10/11/18 – Quality in Palliative Care: Fusing Education, Research, and Practice  
 10/12/18 Institute for Palliative Care National Symposium, San Diego, California

- 10/28/17 – Leading Together: Harnessing our Collective Strengths  
10/31/17 American Association of Colleges of Nursing, Washington, DC
- 3/18/17 – Onward: Implementing our Preferred Future  
3/21/17 American Association of Colleges of Nursing, Washington, DC
- 10/29/16 – Unlocking the Power of Collaboration  
11/1/16 American Association of Colleges of Nursing, Washington, DC
- 3/20/16 – Diversity, Inclusion, and Sustainability in Nursing Education  
3/22/16 American Association of Colleges of Nursing, Washington, DC
- 9/7/15 – Spanish Language and Culture Immersion  
11/13/15 don Quijote Spanish Language Institute, Barcelona, Spain
- 3/22/15 – The Dean as Entrepreneur  
3/24/15 American Association of Colleges of Nursing, Washington, DC
- 11/20/14 – Baccalaureate Education Conference: Professional Competency: Putting the Pieces Together  
11/22/14 American Association of Colleges of Nursing, Baltimore, Maryland
- 10/26/14 – Healthcare Redesign: Implications for Educating the Nursing Workforce  
10/28/14 American Association of Colleges of Nursing, Washington, DC
- 1/9/14 Nursing Education about Lesbian, Gay, Bisexual and Transgendered Elders  
Rush University College of Nursing, Chicago, Illinois
- 1/8/14 Psychopharmacology: What Every Mental Health Professional Needs to Know  
PESI Healthcare, Peoria, Illinois
- 10/27/13 – Facilitating Competency: A Gateway to Excellence  
10/29/13 American Association of Colleges of Nursing, Washington, DC
- 3/16/13 – Guiding Change: Technology in Nursing Higher Education  
3/19/13 American Association of Colleges of Nursing, Washington, DC
- 11/15/12 – Baccalaureate Education Conference: Changes and Challenges in Nursing Education  
11/17/12 American Association of Colleges of Nursing, San Antonio, Texas
- 10/28/12 – Taking Advantage of Technology in Nursing Higher Education  
10/30/12 American Association of Colleges of Nursing, Washington, DC
- 8/29/12 Revolutionizing Diagnosis and Treatment Using the DSM-5  
CMI Education Institute, Springfield, Illinois
- 5/10/12 – Preparing Nursing Systems for 2020: New Approaches-New Evidence  
5/13/12 12<sup>th</sup> Annual International Orem Society World Congress, Luxembourg City, Luxembourg
- 5/3/12 – Academy for Eating Disorders 2012 International Conference on Eating Disorders:  
5/5/12 Connecting Practice and Research, Austin, Texas

- 3/24/12 – Impacting the Future: Interprofessional Education and Collaboration  
3/27/12 American Association of Colleges of Nursing, Washington, DC
- 5/17/11 – Baccalaureate Education Conference: Transforming Nursing Education  
5/19/11 American Association of Colleges of Nursing, St. Louis, Missouri
- 10/22/11 – Preparing Nurses for the Challenges of the Future  
10/25/11 American Association of Colleges of Nursing, Washington, DC
- 6/12/11 – Faculty Development Seminar: Comparative Health Studies  
6/17/11 Institute for the International Education of Students, Santiago, Chile
- 3/19/11 – The Future is Now: Putting the Puzzle Pieces into Perspective  
3/22/11 American Association of Colleges of Nursing, Washington, DC
- 10/30/10 – Leveraging Resources in Challenging Economic Times  
11/2/10 American Association of Colleges of Nursing, Washington, DC
- 10/28/10 Clinical Supervision in Behavioral Health  
Cross Country Education, Bloomington, Illinois
- 7/25/10 – Turning Talent into Productivity: Innovation and Legacy  
7/28/10 American Association of Colleges of Nursing Summer Seminar, Newport, Rhode Island
- 4/8/10 – 34<sup>th</sup> Annual Nursing Research Conference  
4/10/10 Midwest Nursing Research Society, Kansas City, Missouri
- 3/20/10 – Shaping the Future of Nursing Education  
3/23/10 American Association of Colleges of Nursing, Washington, DC
- 10/31/09 – Celebrating the Past, Shaping the Future of Nursing Education  
11/03/09 American Association of Colleges of Nursing, Washington, DC
- 7/13/09 – 20<sup>th</sup> International Nursing Research Congress Focusing on Evidence-Based Practice  
7/17/09 Sigma Theta Tau International, Vancouver, British Columbia, Canada
- 3/27/09 – Nursing Research: Promoting Social Justice and Human Rights  
3/30/09 Midwest Nursing Research Society Conference, Minneapolis, Minnesota
- 3/13/09 – Leveraging Resources through Powerful Leadership Communication  
3/14/09 American Association of Colleges of Nursing Executive Development Series, Washington, DC
- 2/6/09 – University of South Carolina National Resource Center 28th Annual Conference  
2/10/09 on the First-Year Experience, Orlando, Florida
- 8/10/08 – Leadership for Academic Nursing Program  
8/14/08 American Association of Colleges of Nursing, Lansdowne, Virginia
- 6/25/08 – Self-Care and Nursing: Reflecting the Past-Conquering the Future  
6/29/08 10<sup>th</sup> World Congress Self-Care Deficit Nursing Theory, Vancouver, British Columbia, Canada

- 3/12/08 – Baccalaureate Essentials Conference, American Association of Colleges of Nursing  
3/14/08 Nashville, Tennessee
- 2/28/08 – Engagement Conference, Murray State University, Murray, Kentucky  
2/29/08
- 2/15/08 – University of South Carolina National Resource Center 27th Annual Conference  
2/18/08 on The First-Year Experience, San Francisco, California
- 7/9/07 – 20th International Conference National Resource Center for The First Year Experience  
7/12/07 and Students in Transitions, Waikoloa, Hawaii
- 3/23/07 – Innovative Technology: Pioneering Pathways to Health  
3/26/07 Midwest Nursing Research Society Conference, Omaha, Nebraska
- 2/22/07 – Evidence Based Practice Conference  
2/23/07 University of Arizona, School of Nursing, Phoenix, Arizona
- 2/10/07 Ethical and Legal Issues in Supervision  
Illinois Mental Health Counselors Association, Springfield, Illinois
- 11/3/06 – Best Practice in the First College Year  
11/5/06 13th National Conference on Students in Transitions, St. Louis, Missouri
- 10/30/06 Assessing Boundaries and Building the Supervisory Relationship  
Illinois Mental Health Counselors Association, Bourbonnais, Illinois
- 7/20/06 – The Science of Self-Care: A Patient Oriented Approach to Clinical Care  
7/22/06 9<sup>th</sup> World Congress Self-Care Deficit Nursing Theory, Johannesburg, South Africa
- 3/10/06 – Adaptive Leadership in Changing Times  
3/11/06 American Association of Colleges of Nursing Executive Development Series, Washington, DC
- 7/13/05 – Promoting Evidence-Based Nursing: Innovation for Nursing Practice  
7/16/05 Sigma Theta Tau 3<sup>rd</sup> International Evidence-Based Nursing Preconference  
16<sup>th</sup> International Nursing Research Congress, Waikoloa, Hawaii
- 5/16/05 Critical Thinking and Test-Item Writing  
Health Education Systems, Incorporated, Bloomington, Illinois
- 5/1/05 – Advancing the Nurse Faculty Role Conference, American Association of Colleges of Nursing  
5/3/05 Scottsdale, Arizona
- 4/13/05 – Clinical Nurse Leader Regional Meeting, American Association of Colleges of Nursing  
4/14/05 Chicago, Illinois
- 3/17/05 Effective Strategies in Counseling Supervision, Illinois Mental Health Counselors Association  
Bloomington, Illinois
- 9/29/04 – The Science of Self-Care and Its Implications for Nursing Research, Practice,  
10/3/04 Management, and Education

8<sup>th</sup> World Congress Self-Care Deficit Nursing Theory, Ulm, Germany

- 2/27/04 – 3/1/04 Nursing Research: Addressing Health Disparities  
Midwest Nursing Research Society Conference, St. Louis, Missouri
- 5/29/03 – 5/31/03 Clinical and Scientific Challenges: The Interface between Eating Disorders and Obesity  
Academy for Eating Disorders International Conference, Denver, Colorado
- 4/25/02 – 4/28/02 New Aspects of Gender in Eating Disorders  
Academy for Eating Disorders International Conference, Boston, Massachusetts
- 8/10/01 – 8/13/01 Eating Disorders: Families, Healing, and Diversity  
International Association of Eating Disorder Professionals Symposium, San Diego, California
- 5/17/01 – 5/19/01 Eating Disorders in the New Millennium: Extending Our Reach  
Academy for Eating Disorders International Conference, Vancouver, British Columbia, Canada
- 3/2/01 – 3/5/01 Illuminating Practice through Research  
Midwest Nursing Research Society Conference, Cleveland, Ohio
- 5/18/00 – 5/19/00 Advances in the Treatment of Eating Disorders  
Dr. Stuart Agras, Saint Louis, Missouri
- 4/9/99 – 4/12/99 Obstacles and Ethical Concerns in Promoting Social Justice and Human Rights  
Midwest Nursing Research Society Conference, Indianapolis, Indiana
- 5/5/97 Helping the Difficult Patient: Transforming Therapeutic Failure into Success  
Dr. David Burns, Peoria, Illinois
- 12/11/96 – 12/15/96 Brief Therapy Conference: Cornerstone Principles, Cornerstone Practices  
Milton H. Erickson Foundation, San Francisco, California
- 6/8/95 – 6/12/95 Seventh Eastern Regional Conference on Abuse, Trauma, and Dissociation  
Psychiatric Institute of Washington, DC
- 8/16/94 – 8/17/94 Establishing an Effective Partial Hospitalization Program for Adults  
American Association for Partial Hospitalization, Fort Lauderdale, Florida
- 10/13/93 – 10/17/93 Tenth Annual International Conference on Multiple Personality and  
Dissociative States, Rush-Presbyterian-St. Luke's Medical Center, Chicago, Illinois
- 6/3/93 – 6/8/93 Fifth Eastern Regional Conference on Abuse and Multiple Personality  
Psychiatric Institute of Washington, DC
- 10/25/92 – 10/27/92 Eleventh Annual National Conference on Eating Disorders  
The Center for the Treatment of Eating Disorders, Harding Hospital, Columbus, Ohio
- 10/5/91 – 10/6/91 Advanced Training in Critical Incident Stress and Post Trauma Syndromes,  
American Critical Incident Stress Foundation, Inc., Chicago, Illinois

- 4/10/91 – First World Congress on Stress, Trauma, and Coping in the Emergency Services Professions  
4/14/91 The American Critical Incident Stress Foundation, Inc., Baltimore, Maryland
- 12/12/90 – The Evolution of Psychotherapy Conference  
12/16/90 Milton H. Erickson Foundation, Anaheim, California
- 10/7/90 – Ninth National Conference on Eating Disorders  
10/9/90 The Center for the Treatment of Eating Disorders, Harding Hospital, Columbus, Ohio
- 10/7/89 – The International Structural Family Therapy Conference  
10/9/89 Philadelphia Child Guidance Clinic, Philadelphia, Pennsylvania
- 10/13/87 – Sixth National Conference on Anorexia and Bulimia Nervosa  
10/15/87 The Center for the Treatment of Eating Disorders, Harding Hospital, Columbus, Ohio