



## News Scoop

March 25<sup>th</sup> 2016 – March 31<sup>st</sup> 2016

Volume 146 Edition 4

### The Commons

#### **The Market Place**

*Good Friday* is on March 25<sup>th</sup>.

Enjoy Premium Night in The Commons on Saturday March 26<sup>th</sup>. Our menu will include fantail fried shrimp, Sirloin steak, and Grilled Chicken, Rice Pilaf and broccoli. Our vegetarian/vegan option will be stuffed Portobello mushrooms.

This month look for Food for Thought items brought to you from different stations in the Commons. Look for three items in various stations throughout the week.

From the Grill station we will bring you fish on every Friday until after Easter.

Coming to you on March 30th a Meal Madness **Battle of the Chefs**, this will be spectacular COOK OFF coming from the Etc.-Etc. Station during the dinner meal. Contestants will prepare one appetizer, one entrée, and one desert.

#### Pizza of the Week:

Eggplant parmesan Pizzetta wheat flatbread & Bacon and onion pizza

#### Deli Special:

Mediterranean Veggie Wrap & BLT Wrap

#### **Create Your Own Masterpiece**

This week's create your own Masterpiece is the Pizza Burger! First, stop by the grill and ask for a Cheese Burger with White American Cheese on a Toasted Bun. Next stop by the pasta station for Marinara Sauce. Top with Italian Seasoning, Oregano & Parmesan Cheese from the pizza station. PRESTO, you have a Pizza Burger!

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## **Dugout Specials**

At the Passport station every  
Wednesday Wing Extravaganza!

Come and enjoy boneless or bone-in wings tossed in your choice of 16  
different sauces.

Small order wings, fries, and a 20oz fountain drink will be accepted on meal exchange.

### **Subconnection**

Avocado BLT Flatbread (Turkey-bacon, Spinach, Tomato, Parmesan Cheese, and your  
choice of sauce), Chips, and a 20oz Fountain Drink—\$7.59 (Available on Meal  
Exchange)

### **Cactus Café**

Chicken Empanada

1 Chicken Empanada, choice of rice, and/or beans and your choice of cold toppings and  
a 20oz Fountain Drink

## **Coffee Shoppe**

Proudly Serving Starbucks Coffee!



Enjoy 25¢ off Irish Crème

# Tommy's & Hattie's



Hattie's: White Turtle Mocha

Tommy's: Pork Lover's Sandwich, Chips and 20oz. Fountain Drink—\$7.99

## **Your Management Team**

Michael Welsh- General Manager of Operations  
David Nicholson- General Manager, Residential Dining  
Mark Tylk – Executive Chef

Mark Nabrowski-Sous Chef  
Bob Kelch – Retail Manager  
Ronnie Melvin – Catering Manager  
Victor Carmona – Custodial Manager  
Nishad Jose– Unit Controller

Platform	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
		<b>Grill Brunch</b>	<b>Brunch</b>				
<b>Breakfast</b>	Eggs to Order-Scrambled, Biscuits and Gravy Roasted Red Bliss Potatoes Hot Cereal Apple Pancakes		French Toast Sticks Scrambled Eggs Bacon Shredded Hashbrown Biscuits Waffle Bar	Eggs to Order-Scrambled Biscuits and Gravy Greek Breakfast Potatoes Turkey Susage Patties Whole Wheat Pancakes	Eggs to Order-Scrambled Biscuits and Gravy Mexican Breakfast Potatoes Sausage Links French Toast	Eggs to Order-Scrambled Biscuits and Gravy Home Fried Potatoes Bacon Banana Pancake	Eggs to Order-Scrambled Biscuits and Gravy Lyonnaise Potatoes Turkey Bacon French Toast
<b>Lunch/Dinner</b>	Macaroni Cheese Bowl	<b>Stir Fry</b>	Omelet Bar	Red Curry Chicken	Tequila Shrimp	Made to Order	Noodle Bowl
			Garden Strips	Jasmine Rice	Mexican Brown Rice	Deli	
			Chef's Choice Veg.		Leaf Spinach	Bar	
<b>Hot off the Grill</b>		<b>Dinner</b>	Vegan				
<b>Lunch/Dinner</b>	Pollock Po' Boy Vegetable Quesadillas	Crossroads Burger Grilled Cheese	Gravy Sliced Fruit	Chipotle Patty Melt Grilled Cheese	Turkey Sloppy Joe Cheese Quesadillas	Rajun Cajun Burger Grilled Hummus Pta	Gyro Bar Grilled Cheese
<b>Center of Plate</b>			Oatmeal				
<b>Lunch</b>	Chicken Drummies w / Honey Citrus BBQ, Wild Rice Lemon Garlic Green Beans	Turkey Pot Pie Apple Glazed Baby Carrots	Brunch Pastries <b>Carved</b> Chicken Breast	Hard Turkey Taco Santa Fe Black Bean Jasmin Rice	Yankee Pot Roast Parsely Red Peppers Vegetables	Italian Sausage Halves, Onions & Peppers Mashed Potatoes & Brocoli	French Toast Eggs, Hash Browns, Sausage Links
<b>Vegetarian</b>	White Bean & Tomato Salad	Tofu Fried Rice		Sun-Dried Tomato &	Sweet Potato & Black Bean	Cold Tofu w / Chili & Scallions	Veg. Sushi Roll
<b>Vegan</b>	Mxed Greens w / Red Leaf	Stir Fry		Gorgonzola Bruschetta	Chili & Yellow Rice	Singapore Rice Noodles	Japanese Slaw
<b>Dinner</b>	Tilapia Fillets Lime Cilantro Rice Rico De Gallo	Italian Feast		Chicken Enchilada Black Bean & Corn Salsa Rice	BBQ Chicken Macaroni & Cheese Carolina Slaw	London Broil Red Bliss Smashed Potatoes Corn	Chicken Korma w / Rice Bhindi Masala- Crispy Okra & Naan
<b>Vegetarian</b>				Quinoa Salad Plate	Stuffed Peppers	Fried Rice	Salsa & Chips Plate
<b>Vegan</b>	Aisan Noddle Stir Fry				Brown Rice	Tempura	Red Beans & Salsa Verde Cruda
<b>Tossed Pizza</b>							
<b>Lunch/Dinner</b>	Garlic Cheese, Cheese, Pepperoni, Veggie Ham & Pineapple Broccoli Cheddar	Garlic Cheese, Cheese, Pepperoni, Veggie, Ham & Pineapple Broccoli Cheddar		Garlic Cheese, Cheese, Pepperoni, Veggie, Ham & Pineapple Broccoli Cheddar	Garlic Cheese, Cheese, Pepperoni, Veggie, Ham & Pineapple Broccoli Cheddar	Garlic Cheese, Cheese, Pepperoni, Veggie, Ham & Pineapple Broccoli Cheddar	Garlic Cheese, Cheese, Pepperoni, Veggie, Ham & Pineapple Broccoli Cheddar
<b>Soups</b>							
<b>Lunch/Dinner</b>	Light House Clam Chow der Quibebe	Lentil & Spinach Breadsticks		Tomato Florentine Chicken Noodle	Vegetable Bacon Corn Chow der	Chicken Orzo Vegetable Soup	Turkey Barley Broccoli Cheddar