



**News Scoop**  
**March 16<sup>th</sup> 2015 – March 26<sup>th</sup> 2015**

Volume 136 Edition 2

**The Commons**

**The Market Place**

Come join Sodexo on Wednesday, March 18<sup>th</sup> as we present you with a Super Sub from the Etc.-Etc. line at lunch and dinner. Your menu will consist of our Super Sub, chips, and chicken noodle soup. Come and Enjoy!

Enjoy Premium Night in The Commons on Saturday March 21<sup>st</sup>. Our menu will include fantail fried shrimp, carved sirloin steak, and chicken cordon bleu with orzo pilaf and broccoli. Our vegetarian/vegan option will be stuffed Portobello mushrooms.

Join Sodexo for a Tour of North America on Wednesday, March 25<sup>th</sup> during the dinner meal. This trip will take us to Texas to enjoy Barbecue Brisket, chipotle mashed potatoes, green beans, jalapeno cornbread, and Matt Borse's apple cinnamon bread pudding that was featured in Battle of the Chefs!

**Specialty Pizza:**

Monday, March 16<sup>th</sup> - Balsamic Chicken Pizza on Wheat

Tuesday, March 17<sup>th</sup> - Roasted Eggplant Pizza on Flatbread

Wednesday, March 18<sup>th</sup> - Chicken Florentine Pizza

Thursday, March 19<sup>th</sup> -BLT Pizza

Friday, March 20<sup>th</sup> – Italian Stromboli

Saturday, March 21<sup>st</sup> – Mushroom Pizza

Monday, March 23<sup>rd</sup> - Chicken Cacciatore Pizza

Tuesday, March 24<sup>th</sup> - Sicilian Pizza Meatball

Wednesday, March 25<sup>th</sup> - Hawaiian BBQ Chicken Pizza

Thursday, March 26<sup>th</sup> - Roasted Garlic White Pizza on Flatbread

**Deli Special:**

Monday, March 16<sup>th</sup> - Beef & Horseradish on Focaccia

Thursday, March 19<sup>th</sup> - Almond Chicken Salad

Friday, March 20<sup>th</sup> - Deviled Egg Sandwich

Monday, March 23<sup>rd</sup> - Italian Classic Sub Sandwich

Tuesday, March 24<sup>th</sup> - Veggie Monster Baguette

**Grill Special:**

Monday, March 16<sup>th</sup> - Nacho Bar

Tuesday, March 17<sup>th</sup> - Turkey Burgers

Friday, March 20<sup>th</sup> - Build a Better Burger

Monday, March 23<sup>rd</sup> - Black Bean & Cheese Quesadillas

Tuesday, March 24<sup>th</sup> - Chicken Patty Bar

Wednesday, March 25<sup>th</sup> - Caribbean Jerk Chicken Sandwich

**Pasta Special:**

Tuesday, March 17<sup>th</sup> - Farfalle, Tomato, Feta, & Spinach Casserole

Wednesday, March 18<sup>th</sup> - Teriyaki Chicken Stir Fry Over Rice

Wednesday, March 25<sup>th</sup> - Baked Pasta Torte with Fontina

Thursday, March 26<sup>th</sup> - Broccoli Pesto Penne Casserole

**Create Your Own Masterpiece**

This week's Create Your Own Masterpiece is the classic milkshake! First, head over to the ice cream machine and fill your cub about half way with ice cream. Add any syrups or toppings you would like, add milk from one of our beverage stations and mix! Presto! It's a milkshake.

## **New In The Commons**

New Entrees at Lunch and Dinner from the Center of the Plate!

All Sandwiches will be presented from the Grill or Deli Station!

New Weekly Specials featured from the Grill, Deli, Pizza and Pasta Stations!

## **Dugout Specials**

At the Passport station every

*Wednesday Wing Extravaganza!*

Come and enjoy boneless or bone-in wings tossed in your choice of 16 different sauces.

Small order wings, fries, and a 20oz fountain drink will be accepted on meal exchange.

### **Subconnection**

6" Chicken Caesar Wrap, Chips, 20oz Fountain Drink—\$7.39

### **Cactus Café**

2- 6" Tostados—\$7.39

Choice of chicken, beef or pork. Choice of toppings and a 20oz fountain drink. \$7.39

## **Coffee Shoppe**

Proudly Serving Starbucks Coffee!



Enjoy 25¢ off Strawberry White Chocolate Mocha

# Tommy's & Hattie's



Hattie's: Leprechaun

Tommy's: Italian Twist Mozzarella BLT, Chips and 20oz. Fountain Drink—\$7.95

## **Your Management Team**

Michael Welsh- General Manager of Operations

David Nicholson- General Manager, Residential Dining

Mark Tylk – Executive Chef

Larry Knapp-Sous Chef

Bob Kelch – Retail Manager

Ronnie Melvin – Catering Manager

Victor Carmona – Custodial Manager

John Boswell – Unit Controller

Illinois Wesleyan University  
Weekly Menu

Bertholf Commons

Platform	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
		<b>Grill Brunch</b>	<b>Brunch</b>				
<b>Breakfast</b>	Eggs to Order-Scrambled, Sourdough French Toast Home Fried Potatoes Sausage Patty Pastries	Eggs to Order-Scrambled, Hot Cereal Buttermilk Pancakes Hash Browned Potatoes Pastries	French Toast Sticks Scrambled Eggs Bacon Hashbrowns Biscuits & Gravy Waffle Bar Omelet Bar Garden Strips Mac and Cheese Chef's Choice Veg Sliced Fruit Fresh Fruit Pastries	Eggs to Order-Scrambled, Buttermilk Whole Wheat Pancakes & Tater Tots Simple Frizzled Ham Pastries	Eggs to Order-Scrambled, Orange Baguette Toast Hash Browned Potato Turkey Sausage Links Pastries	Eggs to Order-Scrambled, Banana Pancakes Sliced Lyonnaise Potatoes Pork Sausage Patty Pastries	Eggs to Order-Scrambled, Cinnamon Raisin Toast Tri-Tater Patties Little Smokies Pastries
<b>Lunch/Dinner</b>	Spicy Thai Beef Salad			Ginger Soy Vegetables & Pork	Mega Chili Bar	New York Deli	Garlic Orange Chili Shrimp Stir Fry
<b>Hot off the Grill</b>		<b>Dinner</b>					
<b>Lunch/Dinner</b>	Hot Dog Bar Grilled Cheese	Crossroads Burger Grilled Cheese		Nacho Bar Grilled Cheese	Turkey Burger Crossroads Burger	Crossroads Burger Grilled Cheese	Crossroads Burger Grilled Cheese
<b>Center of Plate</b>							
<b>Lunch</b>	Peruvian Rubbed Chicken Red Potatoes Aztec Corn	Turkey"London Broil" Mashed Sweet Potatoes Fresh Broccoli	<b>Carved</b> Chicken Breast Glazed Ham	Yankee Pot Roast Oven Roast Rosemary Red Potatoes & Glazed Carrots	Jerk Chicken Thighs Baked Sweet Potatoes Stuffed Tomato & Broccoli	Thai BBQ Chicken Jasmine Rice Cabbage, Peppers, & Peas	Roasted Pork Loin W/ Mustard Herb Crust Pepper & Tomato Salad
<u>Vegetarian</u> <u>Vegan</u>	Vegetable Curry Tofu Rice Stir Fry	Hummus & Tabbouleh Wrap		Vegetable Chili Spaghetti Squash	Ratatouille Roast Portobello Mushroom	Bandito Beans & Brown Rice	Roasted Portabello Foccacia
<b>Dinner</b>	Sausage Sandwich w/ Peppers & Onions	Mexican Theme Buffet		Roasted Turkey Breast Mashed Potatoes Gravy & Cranberry Sauce	Chicken Cacciatora Linguine Spinach,Zucchini,&Tomato	Meat/Vegetable Lasagna Garlic Bread and Veggies	Spicy Turkey Cutlet Red Potatoes Steamed Carrots
<u>Vegetarian</u> <u>Vegan</u>	Polenta Alla Funghi	Mexican Theme Buffet		Middle Eastern Lentil Soup	Eggplant Parmesean Pesto Pasta Salad	Broccoli Cheddar Quiche Couscous Salad	Spanikopita Lentil Stew
<b>Tossed Pizza</b>							
<b>Lunch/Dinner</b>	Garlic Cheese, Cheese, Pepperoni, Veggie, Supreme, Tomato Basil,	Garlic Cheese, Cheese, Pepperoni, Veggie, Supreme, Tomato Basil,		Garlic Cheese, Cheese, Pepperoni, Veggie, Supreme, Tomato Basil,	Garlic Cheese, Cheese, Pepperoni, Veggie, Supreme, Tomato Basil,	Garlic Cheese, Cheese, Pepperoni, Veggie, Supreme, Tomato Basil,	Garlic Cheese, Cheese, Pepperoni, Veggie, Supreme, Tomato Basil,
<b>Soups</b>							
<b>Lunch/Dinner</b>	Lighthouse Clam Chowder Three Mushroom Barley	American Bounty Veg. Herb Seasoned		Potato Leek Homestyle Chicken & Rice	Hearty Beef Vegetable Roasted Poblano Corn Chowder	Roast Turkey & Rice Garlic & Tomato	Grilled Chicken Tortilla Creamy Broccoli Cheddar

Illinois Wesleyan University  
Weekly Menu

Bertholf Commons

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		<b>Grill Brunch</b>	<b>Brunch</b>				
<u>Breakfast</u>	Eggs to Order- Scrambled Biscuits & Gravy Home Fried Potatoes Grilled Kielbasa Choc Chip Pancakes	Eggs to Order Hash Browned Potato Sausage Link French Toast Sticks	Pancakes Scrambled Eggs Bacon Chunky Hashbrowns Biscuits & Gravy Waffle Bar	Eggs to Order-Scrambled Biscuits & Gravy French Fried Tater Tot Sausage Patty Banana Pancakes	Eggs to Order-Scrambled Biscuits & Gravy Hash Brown Potato Sausage Link French Waffle	Eggs to Order-Scrambled Biscuits & Gravy Lyonnaise Potatoes Sausage Link Blueberry Pancakes	Eggs to Order-Scrambled Biscuits and Gravy Sausage Patty Tri-Tater Patties Sourdough French Toast
<u>Lunch/Dinner</u>	Kung Pao Pork Jasmine Rice		Omelet Bar Veg.-Rice Noodle & Broc. Al Olio Fresh Fruit	Beef Pho Noodle Bowl	Potato Pierogies Polish Sausage	Beef & Broccoli Stir Fry Jasmine Rice	Risotto Bar
<b>Hot off the Grill</b>		<b>Dinner</b>	Sliced Fruit Oatmeal Brunch Pastries				
<u>Lunch/Dinner</u>	Crossroads Burger Grilled Cheese	Crossroads Burger Grilled Cheese		Black Bean & Cheese Quesadilla	Chicken Patty Bar Chicken BBQ Sandwich	Caribbean Jerk Chix Grilled Cheese	Crossroads burger Grilled Cheese
<b>Center of Plate</b>			<b>Carved</b>				
<u>Lunch</u>	Lemon Basil Chicken Couscous Primavera Leaf Spinach	Grilled Cumin Chicken Biryani Rice Sweet BBQ Slaw	Turkey Sirloin	Chicken Fajitas Brown Rice Black Beans & Corn	Honey Orange Pork Whipped Sweet Potato Green Beans	Tilapia Provencal Rice Pilaf Caramelized Veggies	BBQ Chicken Quarters Mashed Potatoes Steakhouse Spinach
<u>Vegetarian</u> <u>Vegan</u>	Corn & Poblano Cakes Quinoa w/ Squash	Cajun Spiced Roasted Potatoes		Veggie Fajitas Sesame Tofu	Spicy Veggie Wrap Farro Salad	Baked Pasta Torte Filipino Vegetable Stew	Curried Tofu White Bean Salad
<b>Dinner</b>	Tilapia Fillets Cream Sauce Brown Rice	Chicken and Dumplings Country Mashed Potato Green Beans		Pancakes Lyonnaise Potatoes Smoked Country Ham	Meatloaf w/ Demi-Glace Mashed Potato Baby Carrots	Milanese Pork Chop Basil Orzo Broccoli	Apricot Glazed Turkey Mashed Sweet Potato Sugar Snap Peas
<u>Vegetarian</u> <u>Vegan</u>	Roasted Veg. Lasagna Fried Tofu over Rice	Veggie Quesadilla Roast Veggie Polenta		Bean&Cheese Nachos Cantonese Stir-Fry	Korean Stir-Fried Veggie & Tofu	Butternut Squash Lentils	Moussaka Olive Couscous
<b>Tossed Pizza</b>							
<u>Lunch/Dinner</u>	Garlic Cheese, Cheese, Pepperoni, Veggie, Supreme, Tomato Basil,	Garlic Cheese, Cheese, Pepperoni, Veggie, Supreme, Tomato Basil,		Garlic Cheese, Cheese, Pepperoni, Veggie, Supreme, Tomato Basil,	Garlic Cheese, Cheese, Pepperoni, Veggie, Supreme, Tomato Basil,	Garlic Cheese, Cheese, Pepperoni, Veggie, Supreme, Tomato Basil,	Garlic Cheese, Cheese, Pepperoni, Veggie, Supreme, Tomato Basil,
<b>Soups</b>							
<u>Lunch/Dinner</u>	Manhattan Clam Chowder Brazilian Black Bean Soup	Six Bean Chicken Noodle		Chicken Noodle Garlic & Tomato	Beef, Barely, Onion Creamy Potato Dill	Creamy Chicken Garden Vegetable	Hearty Beef Vegetable Tomato Florentine