

Illinois Wesleyan University
Weekly Menu

Bertholf Commons

Platform	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
		Grill Brunch	Brunch				
Breakfast	Eggs to Order-Scrambled, Biscuits and Gravy Home Fried Potatoes Grilled Kielbasa Apple Pancakes		French Toast Sticks Scrambled Eggs Bacon Shredded Hashbrown Biscuits & Gravy Waffle Bar	Eggs to Order-Scrambled Biscuits and Gravy Tater Tots Sausage Links Buttermilk Pancakes	Eggs to Order-Scrambled Biscuits and Gravy Hash Brown Potatoes Sausage Links French Toast	Eggs to Order-Scrambled Biscuits and Gravy Lyonnaise Potatoes Sausage Patty Banana Pancake	Eggs to Order-Scrambled Biscuits and Gravy Tri-Tater Patties Bacon French Toast
Lunch/Dinner	Spicy Chicken Pad Thai	Stir Fry	Omelet Bar Garden Strips Chef's Choice Veg. Vegan-RB & Rice	Vegetable Samosa Yogurt Sauce Chutney	Shrimp w/ Bacon Cheese Grits & Gravy	Mac & Cheese	Orecchiette with Sausage Cream Sauce
Hot off the Grill		Dinner	Coco Wheats Sliced Fruit Oatmeal Brunch Pastries				
Lunch/Dinner	Chicago Style Hot Dog Grilled Cheese	Crossroads Burger Grilled Cheese	Ham	Grilled Cheese Crossroads Burger	Burrito Bar Grilled Cheese	Atomic Burger Grilled Cheese	Crossroads Burger Grilled Cheese
Center of Plate			Carved				
Lunch	Shrimp Creole & Rice Curry Roasted Cauliflower & Tomatoes	Turkey Pot Pie Escalloped Apples	Chicken Breast	Beef Enchiladas Arroz Verde Aztec Corn	Herbed Chicken Thigh Egg Noodles Peas	Greek Lemon Chicken Roasted Potatoes Zucchini & Squash	Chicken Nuggets Mac & Cheese Broccoli
Vegetarian Vegan	Black Bean Cakes Roasted Potatoes	Tofu Fried Rice Stir Fry		Sweet Potato & Black Bean Chili	Bruschetta Hummus & Tabbouleh Wrap	Mushroom Ragout Polenta	Stuffed Pepper Veggie Wrap
Dinner	Herb Grilled Chicken Baked Potato Steamed Baby Carrots	Italian Feast		Fried Chicken Mashed Potatoes & Gravy Roasted Veggies	Taco Bar Jasmine Rice	London Broil Mashed Potatoes Corn	Cranberry Chicken Breast Breaded Okra Sweet Potato
Vegetarian Vegan	Veggie Shepherd's Pie Aisan Noodle Stir Fry			Quinoa Salad Plate	Stuffed Peppers Pasta w/ Olive & Tomato	Fried Rice Turkish Bulgur Pilaf	Portobello Focaccia Quinoa Primavera
Tossed Pizza							
Lunch/Dinner	Garlic Cheese, Cheese, Pepperoni, Veggie, Supreme, Tomato Basil,	Garlic Cheese, Cheese, Pepperoni, Veggie, Supreme, Tomato Basil,		Garlic Cheese, Cheese, Pepperoni, Veggie, Supreme, Tomato Basil,	Garlic Cheese, Cheese, Pepperoni, Veggie, Supreme, Tomato Basil,	Garlic Cheese, Cheese, Pepperoni, Veggie, Supreme, Tomato Basil,	Garlic Cheese, Cheese, Pepperoni, Veggie, Supreme, Tomato Basil,
Soups							
Lunch/Dinner	Light House Clam Chowder Quibebe	Lentil & Spinach Chicken Noodle		Tomato Florentine Chicken Noodle	Vegetable Bacon Corn Chowder	Chicken Orzo Tomato Tortilla	Roast Turkey & Rice Broccoli Cheddar