

Illinois Wesleyan University
Weekly Menu

Bertholf Commons

Platform	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
		Grill Brunch	Brunch				
Breakfast	Eggs to Order-Scrambled, Sourdough French Toast Home Fried Potatoes Sausage Patty Pastries	Eggs to Order-Scrambled, Hot Cereal Buttermilk Pancakes Hash Browned Potatoes Pastries	French Toast Sticks Scrambled Eggs Bacon Hashbrowns Biscuits & Gravy Waffle Bar Omelet Bar Garden Strips Mac and Cheese Chef's Choice Veg Sliced Fruit Fresh Fruit Pastries	Eggs to Order-Scrambled, Buttermilk Whole Wheat Pancakes & Tater Tots Simple Frizzled Ham Pastries	Eggs to Order-Scrambled, Orange Baguette Toast Hash Browned Potato Turkey Sausage Links Pastries	Eggs to Order-Scrambled, Banana Pancakes Sliced Lyonnaise Potatoes Pork Sausage Patty Pastries	Eggs to Order-Scrambled, Cinnamon Raisin Toast Tri-Tater Patties Little Smokies Pastries
Lunch/Dinner	Spicy Thai Beef Salad			Ginger Soy Vegetables & Pork	Omlette Bar	New York Deli	Garlic Orange Chili Shrimp Stir Fry
Hot off the Grill		Dinner					
Lunch/Dinner	Hot Dog Bar Grilled Cheese	Crossroads Burger Grilled Cheese		Nacho Bar Grilled Cheese	Turkey Burger Crossroads Burger	Crossroads Burger Grilled Cheese	Crossroads Burger Grilled Cheese
Center of Plate							
Lunch	Peruvian Rubbed Chicken Red Potatoes Aztec Corn	Turkey"London Broil" Mashed Sweet Potatoes Fresh Broccoli	Carved Chicken Breast Glazed Ham	Yankee Pot Roast Oven Roast Rosemary Red Potatoes & Glazed Carrots	Jerk Chicken Thighs Baked Sweet Potatoes Stuffed Tomato & Broccoli	Thai BBQ Chicken Jasmine Rice Cabbage, Peppers, & Peas	Roasted Pork Loin W/ Mustard Herb Crust Pepper & Tomato Salad
<u>Vegetarian</u> <u>Vegan</u>	Vegetable Curry Tofu Rice Stir Fry	Hummus & Tabbouleh Wrap		Vegetable Chili Spaghetti Squash	Ratatouille Roast Portobello Mushroom	Bandito Beans & Brown Rice	Roasted Portabello Foccacia
Dinner	Sausage Sandwich w/ Peppers & Onions	Mexican Theme Buffet		Roasted Turkey Breast Mashed Potatoes Gravy & Cranberry Sauce	Chicken Cacciatora Linguine Spinach,Zucchini,&Tomato	Meat/Vegetable Lasagna Garlic Bread and Veggies	Spicy Turkey Cutlet Red Potatoes Steamed Carrots
<u>Vegetarian</u> <u>Vegan</u>	Polenta Alla Funghi	Mexican Theme Buffet		Middle Eastern Lentil Soup	Eggplant Parmesean Pesto Pasta Salad	Broccoli Cheddar Quiche Couscous Salad	Spankopita Lentil Stew
Tossed Pizza							
Lunch/Dinner	Garlic Cheese, Cheese, Pepperoni, Veggie, Supreme, Tomato Basil,	Garlic Cheese, Cheese, Pepperoni, Veggie, Supreme, Tomato Basil,		Garlic Cheese, Cheese, Pepperoni, Veggie, Supreme, Tomato Basil,	Garlic Cheese, Cheese, Pepperoni, Veggie, Supreme, Tomato Basil,	Garlic Cheese, Cheese, Pepperoni, Veggie, Supreme, Tomato Basil,	Garlic Cheese, Cheese, Pepperoni, Veggie, Supreme, Tomato Basil,
Soups							
Lunch/Dinner	Lighthouse Clam Chowder Three Mushroom Barley	American Bounty Veg. Herb Seasoned		Potato Leek Homestyle Chicken & Rice	Hearty Beef Vegetable Roasted Poblano Corn Chowder	Roast Turkey & Rice Garlic & Tomato	Grilled Chicken Tortilla Creamy Broccoli Cheddar