



Associate in Arts at Heartland Community College to Bachelor's Degree in Nutrition at Illinois Wesleyan University

*This is a suggested course pattern. Students must work with their advisor to develop a curriculum plan that meets their scheduling needs. ** indicates course needed for the major. + indicates an IWU graduation requirement*

HEARTLAND COMMUNITY COLLEGE			
FIRST YEAR	COURSE NAME	CREDIT HOURS	
		FALL	SPRING
ENGL 101	Critical Reading and Writing	3	
IAI Social Behavioral Sci	IAI Social Behavioral Sci	3	
BIOL 181**	Anatomy & Physiology I	4	
Language 101	Elementary Language I	4	
IAI Social Behavioral Sci	Any IAI Social Behavioral Sci	3	
ENGL 102	Multimodal Composition		3
Humanities Gen Ed	Any IAI Humanities		3
BIOL 182**	Anatomy & Physiology II		4
Language 102	Elementary Language II		4
IAI Life Science	Any IAI Life Science (lab not required)		3
Total Credit Hours		17	17
SECOND YEAR	COURSE NAME	CREDIT HOURS	
		FALL	SPRING
COMM 101	Intro to Oral Communication	3	
CHEM 161**	General Chemistry I (IAI Physical Science with lab)	5	
Language 201+	Intermediate Language I	4	
IAI Math	IAI Math	4	
CHEM 162 **	General Chemistry II		5
IAI Fine Arts	Any IAI Fine Arts		3
IAI Social Behavioral Sci	Any IAI Social Behavioral Sci		3
IAI Humanities/Fine Arts	Any IAI Humanities/Fine Arts		3
Total Credit Hours		16	14

Complete both BIOL 181 & BIOL 182 with a C or better to be equivalent to IWU 107 & 108

Complete both CHEM 161 & CHEM 162 with a C or better to be equivalent to IWU 201 & 202

- To meet IWU graduation requirements choose one course from each group. 1 **US Diversity** (CHLD 207, Film 211, HIST 135, 136, 210, MUSI 260, POS 101, SOC 110, SOC 135, or SOC 221) and 1 **Global Diversity** (ANTH 101, HIST 150, HUMA 210, HUMA 270, MUSI 160, POS 151, JAPN 202, SPAN 202) while at Heartland.

ILLINOIS WESLEYAN UNIVERSITY			
THIRD YEAR	COURSE NAME	UNIT HOURS	
		FALL	SPRING
HLTH 230	Human Nutrition	1	
Major 1xx-4xx	Elective in Major (work with advisor to select)	1	
3xx or 4xx	Upper-Level Elective	1	
1xx - 4xx	Elective	1	
UNIV 270 or HLTH 275	Food Science		1
1xx - 4xx	Elective		1
3xx or 4xx	Upper-Level Elective		1
HLTH 260	Nutrition Through the Lifecycle		1
Total Units		4	4
FOURTH YEAR	COURSE NAME	UNIT HOURS	
		FALL	SPRING
HLTH/HUM 371	Topics: Food and Culture (with writing intensive)	1	
3xx or 4xx	Upper-Level Elective	1	
3xx or 4xx	Upper-Level Elective	1	
1xx - 4xx	Elective	1	
HLTH 490	Practicum		1
3xx or 4xx	Upper-Level Elective		1
3xx or 4xx	Upper-Level Elective		1
Major 1xx-4xx	Elective in Major (work with advisor to select)		1
Total Units		4	4

Select major courses with an IWU advisor based on an area of professional interest. Areas of Professional Interest: 1) Clinical Nutrition, 2) Sports Nutrition, 3) Food Service Management, 4) Community Nutrition.

- Activity courses such as weight training are encouraged. However, physical education courses are not counted as academic units at IWU and will not count toward the 32 units required for graduation.
- Students should follow the Associates in Arts degree at Heartland as opposed to the Associates in Science degree. The AA degree includes the Gen Ed Certificate, which is a complete package of transferable General Education Core Courses (IAI).
- AP scores of 3, 4, or 5 and Standard level IB scores of 5 or higher will receive 1 unit of credit.
- The IWU Second Language requirement can be met by completing the intermediate level (201) course of any language or by earning a 4 or 5 on the AP exam in a second language. Visit the IWU website for information: <https://www.iwu.edu/registrar/transfer-credit-faq.html>
- Remedial math courses may be needed to prepare for the math requirement. However, the remedial course will not transfer to IWU. Adjust course schedule accordingly to complete degree.
- Students should complete a minimum of 64 semester hours, not including remedial or PE courses, at HCC to be on track to complete their bachelor's degree in a total of 4 years.
- Students are required, at minimum, to complete 16 units of coursework at IWU including half of all major requirements.
- IWU graduation requirements: 32 total courses and 32 total units with 9 courses and 9 units of upper-level (300/400) courses. (1 IWU unit = 4 semester hours)

Bloomington, IL, 2024-2025