I Am OK

Directions: Read the short passage below. Then write about your skills in the spaces provided below.

No one is perfect.

Everyone does something well.

Everyone has faults.

Everyone is okay, even though he or she is not perfect.

These are the things I can do well:

These are some things I need to improve upon:

This is why I am OK just the way I am:

Signature: ____________________  Date: ____________________