Setting Goals

Directions: Make a list of goals under each heading below. Then choose one short-term goal and one long-term goal. Fill in the steps for them at the bottom of the page.

What Do I Want?

<table>
<thead>
<tr>
<th>My Short-Term Goals</th>
<th>My Long-Term Goals</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

My most important short term goal is:

The steps I will take to achieve this goal are:
1. ____________________________________________
2. ____________________________________________
3. ____________________________________________
4. ____________________________________________

My most important long-term goal is:

The steps I have already taken to achieve this goal are:
1. ____________________________________________
2. ____________________________________________
3. ____________________________________________
4. ____________________________________________

To achieve this goal I still need to: