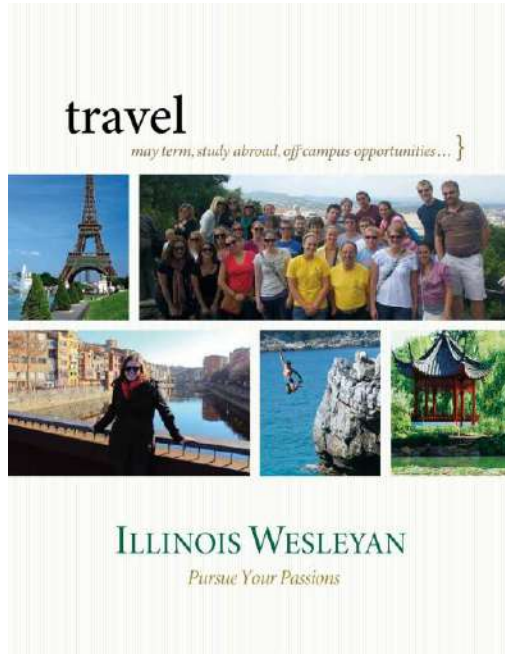

Lisa Cheng



Intern at Second Harvest

Thousands of miles away



My internship in Tokyo, Japan, was made possible this summer because of the IWU Freeman Asia Program. This program sponsors students to travel abroad and fulfill an internship somewhere in Asia during their summer break as part of a for-credit internship course. I chose Second Harvest Japan, which is the largest food bank in Japan. I served as an intern for 6 weeks, and got to taste what it was like to work in a non-profit organization in a foreign country.



Meet the Staff (and interns)

Time Line

First Day, Kitchen

Friday, 6/22/2017

Sumida River

Saturday, 7/23/2017

Last Day, Kitchen

Friday, 7/28/2017

Duties

- Pantry Organization
 - Collected, sorted, and logged donated goods
- Pick Up Preparation
 - Organized baskets of food to distribute
 - Arranged fresh produce
 - Packaged boxes to be shipped
_____ to those who could not travel
to pickup site

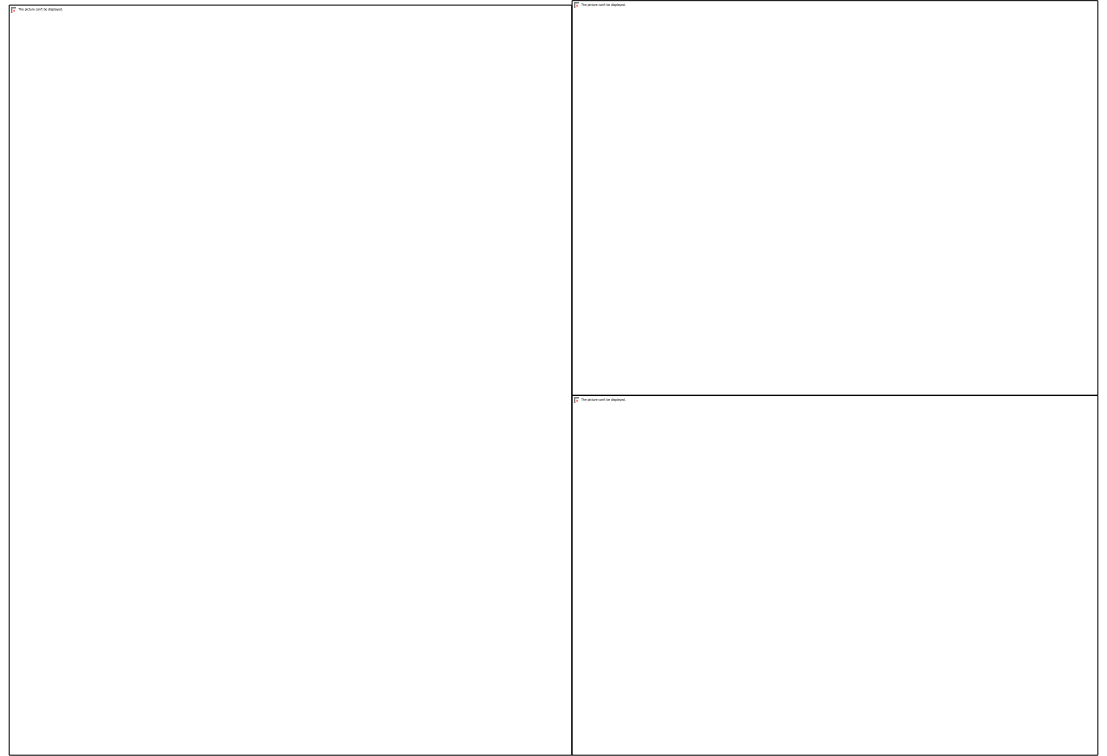
- Kitchen work
 - Cut, cleaned, and prepared fresh food for lunch boxes prepared for elementary school children
- Sumida River Homeless Outreach
 - Distribute food to an area where many people experiencing homelessness live

Duties

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Pantry Organization

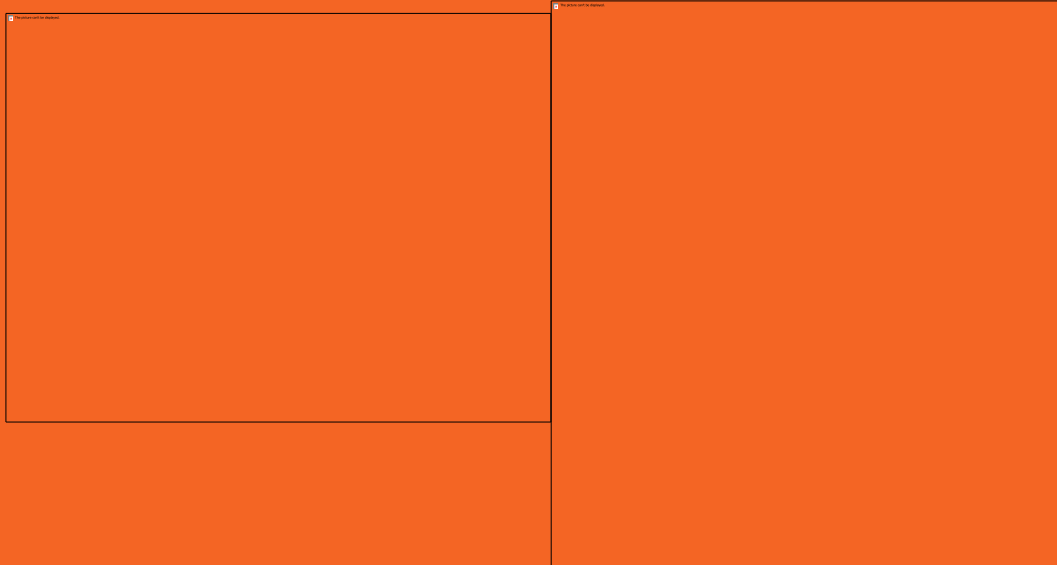
Donations were delivered every day; my main duty in the mornings were to weigh the packages and log them, then sort the items into boxes so that they could be used for pantry pick up or for shipment. On non-pickup days we also prepared boxes for shipment.



Pantry Pick-up

After all the donations were sorted, pantry pick up preparations began.

We started by arranging fresh produce (bread, vegetables, fruit, meat, poultry, dairy) along with arranging non-perishables into baskets. Each family is allowed a certain number of groceries. Staff supervise while customers come through and take what they need. (no pictures of actual pickup allowed due to protection of privacy)





Kitchen

Kitchen duties required long periods of standing and cutting vegetables that were to be prepared into bento boxes that are given to elementary school students and parents. The meals are incredibly fresh and also visually appealing--the perfect lunch!

Sumida River



This pickup experience was different than our regular pickup; instead of setting up a spot where people come to pickup food, we came to them. Sumida River is famous for its high population of people who experience homelessness. Due to the nature of the pickup and protection of privacy, there are no photos of the actual pickup.

– After Work...

