## WEEKLY SCHEDULE

Use this page to make a practical working schedule for all of your classes and activities. We recommend that you not only write in when you are in class, at work, participating in extra-curricular activities, but also study times for specific courses. If you establish positive study patterns,
you will be less likely to be constantly cramming for one course to the exclusion of all others. Do not forget to schedule in free time or time to eat.

| Day/Time | MON | TUES | WED | THURS | FRI | SAT | SUN |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 7:30-8am |  |  |  |  |  |  |  |
| 8-8:30 |  |  |  |  |  |  |  |
| 8:30-9 |  |  |  |  |  |  |  |
| 9-9:30 |  |  |  |  |  |  |  |
| 9:30-10 |  |  |  |  |  |  |  |
| 10-10:30 |  |  |  |  |  |  |  |
| 10:30-11 |  |  |  |  |  |  |  |
| 11-11:30 |  |  |  |  |  |  |  |
| 11:30-12 |  |  |  |  |  |  |  |
| 12-12:30 |  |  |  |  |  |  |  |
| 12:30-1 |  |  |  |  |  |  |  |
| 1-1:30 |  |  |  |  |  |  |  |
| 1:30-2 |  |  |  |  |  |  |  |
| 2-2:30 |  |  |  |  |  |  |  |
| 2:30-3 |  |  |  |  |  |  |  |
| 3-3:30 |  |  |  |  |  |  |  |
| 3:30-4 |  |  |  |  |  |  |  |
| 4-4:30 |  |  |  |  |  |  |  |
| 4:30-5 |  |  |  |  |  |  |  |
| 5-5:30 |  |  |  |  |  |  |  |
| 5:30-6 |  |  |  |  |  |  |  |
| 6-6:30 |  |  |  |  |  |  |  |
| 6:30-7 |  |  |  |  |  |  |  |
| 7-7:30 |  |  |  |  |  |  |  |
| 7:30-8 |  |  |  |  |  |  |  |
| 8-8:30 |  |  |  |  |  |  |  |
| 8:30-9 |  |  |  |  |  |  |  |
| 9-9:30 |  |  |  |  |  |  |  |
| 9:30-10 |  |  |  |  |  |  |  |
| 10-10:30 |  |  |  |  |  |  |  |
| 10:30-11pm |  |  |  |  |  |  |  |

