

PREVENTION does a BODY GOOD

Healthy Environment. Healthy People.

May 12-18, 2008

COLLABORATIVE EDUCATIONAL CAMPAIGN



We're working to...

Raise awareness
on environmental impacts on health

Encourage a precautionary approach
to lifestyle and community policy.

Celebrate actions
that create a healthy environment for all.

Rx for Prevention Workshops *FREE unless noted*

May 12

Yoga for Parent/Child
Good and Bad News About Radon

May 13

A Greener, Cleaner You: Voting with your dollar
Organic Gardening and Companion Planting

MAY 14

Reset Your Body, Mind & Spirit
How Does Your Cookware Measure Up? (\$15)

May 15

Green Home Remodeling
Detoxing in a Toxic World

May 16

Organic Wine and Cheese Tasting Open House

May 17

Tai Chi for Health
Family Walk for a Cleaner, Greener Community

May 18

Naturally Delicious Mother/Daughter Tea & Skin Care

For more information, locations/time, free registration: **WEBSITE:** www.iwu.edu/~wellness or call 309.556.3334

Collaborative Educational Campaign Week sponsored by: Illinois Wesleyan University, Ecology Action Center, Illinois State University, BroMenn, OSF St Joseph Medical Center, Community Cancer Center, McLean County Health Department, Heartland Community College, Phoenix Massage and Wellness, Main Street Yoga Studio, Contemporary Obstetrics and Gynecology.

[Click Here for Event Listings](#)