

COACHING STAFF

Kim Nelson-Brown

IWU Head Volleyball Coach

Kim Nelson-Brown just completed her twelfth year as head volleyball coach at Illinois Wesleyan University. In her twelve years, she has a combined record of 263 wins and 178 losses, and a CCIW record of 51 wins and 33 losses.



Kim enjoys coaching and the game of volleyball. Through these camps, she hopes her enthusiasm and the love of the game inspires the campers about the game of volleyball.

Nelson-Brown's Achievements:

2003 Regular Season Champions
1998 & 1997 NCAA Appearance
1997 CCIW Champions
1997 & 2003 CCIW Coach of the Year
2002 ISU Athletic Hall of Fame Inductee
Former Missouri Valley Conference MVP: 1992 & 1993
Former ISU Volleyball Letter winner

Camp Assistants:

Stacy Niepagen

IWU Assistant Coach, 2 years
Former ISU Volleyball Letter winner

Also assisting at the IWU Volleyball camps will be current and former IWU and collegiate players, as well as high school and club coaches.

****Each player will receive a t-shirt at the beginning of each camp. If you enroll by May 15th in more than one camp, you will receive a volleyball instead of a second t-shirt.**

**The Grade School and Junior High camps fill quickly so early registration is encouraged to guarantee your spot.

**For more information regarding any of the camps, please call Kim Nelson-Brown at (309) 556-3349.

GENERAL INFORMATION FOR THE IWU VOLLEYBALL CAMPS

What to Bring:

Players will need to wear proper athletic shoes. If kneepads are usually worn, we suggest that you bring those with you also. Since it will be warm, we will do our best to supply water, but we do recommend bringing your own water bottle or any water container that has a lid.

Camp Site and Times:

The camps will begin on schedule each day. We will be using the courts in the Shirk Center performance gym, activity courts, and practice gym. We will divide the groups according to skill level to facilitate individual instruction and safety.

Registration and Payment:

To ensure enough counselors per campers and the correct t-shirt size, we do recommend early registration (5/15/08). Early payment is recommended, but if not, we do require a \$20.00 deposit to hold your spot in the camp, which is refundable if cancellation occurs a week prior to the beginning of camp. The balance will be due the first day of camp.

Cost, Time, and Age Groups:

Grade School General Camp

Grade: 2nd through 5th Time: 9:00 a.m. to 12:00 p.m.
Cost: \$95 (\$110 after 5/15/08)

Junior High School General Camp:

Grade: 6th through 8th Time: 9:00 a.m. to 12:00 p.m.
Cost: \$95 (\$110 after 5/15/08)

High School General Camp:

Grade: 9th through 12th Time: 5:00 p.m. to 8:00 p.m.
Cost: \$95 (\$110 after 5/15/08)

Elite Camp/Team Camp:

Grade: 9th through 12th Time: 5:00 p.m. to 8:00 p.m.
Cost: \$95 (\$110 after 5/15/08)

Mini-Skills Position Camps:

Grade: 6th through 12th Time: 1:00 p.m. to 4:00 p.m.
Cost: \$30 each session or \$100 for all 4 individual sessions
(\$40 each session/\$125 for all 4 after 5/15/08)

****You will want to sign your child up for the grade that they will be entering in the Fall of 2008.**

ILLINOIS WESLEYAN UNIVERSITY VOLLEYBALL CAMPS



Camps and Dates:

| | |
|--------------|---------------------|
| Grade School | June 16th-June 19th |
| Junior High | June 16th-June 19th |
| High School | June 16th-June 19th |
| Elite Camp | June 16th-June 19th |
| Mini-Skills | June 16th-June 19th |

*All camps are located at the
Shirk Center on Illinois Wesleyan
University's Campus*

ILLINOIS WESLEYAN UNIVERSITY VOLLEYBALL CAMPS~SUMMER 2008

IWU VOLLEYBALL CAMP REGISTRATION

MISSION STATEMENT:

IWU's Volleyball Camps are designed to assist young athletes in improving their volleyball skills and developing proper playing habits. Not only will the girls gain knowledge of the proper techniques, they will also benefit from the companionship of other players, learn good sportsmanship, and other related athletic values.

Players will be closely observed and mistakes will be corrected. Every effort is made to teach each player how to use their knowledge in game situations in order to develop the physical and mental skills that go into making a good volleyball player.

OUR GOAL FOR THE CAMPS:

We combine hard work and fun to bring out the most in every player. We also make every effort for the camp to be a gratifying and worthwhile experience for every player who attends.

SATELLITE SCHOOL TEAM CAMPS:

IWU staff and players will come to your school to conduct a General Skills Camp for a reduced cost. For more information regarding time, cost, and date availability, please call Kim Nelson-Brown at (309) 556-3349.

ELITE CAMP/High School Team Camp

This camp is open to individuals in grades 9th through 12th or high school teams. Our goal with this camp is to prepare teams or individuals for the upcoming season with concentration on teaching advanced individual and team skills as well as offensive and defensive systems of play. All skills are enhanced through daily competition with other teams.

If you plan on attending this camp as a team, each team must consist of a minimum of eight players and all applications must be sent together in one envelope. Individuals will be placed together to form a team based on positions.

GENERAL SKILLS CAMP:

In the General Camp, we will emphasize the beginning fundamentals and basic techniques used in volleyball. For the players with good fundamentals, we will work on more advanced skills. The campers will apply these skills throughout the camp in drills and game-like situations.

The campers will be divided into groups according to their age and their skill level. This will allow for an opportunity-filled camp for all of its participants. The General Camps are offered to 2nd through 12th graders beginning June 16th running through June 19th. The Grade School and Junior High Camps run from 9:00 a.m. to 12:00 noon and the High School camp runs from 5:00 p.m. to 8:00 p.m.

MINI-SKILLS POSITION CAMPS:

This year we have combined our Position camp and mini-skills camps due to the renovation of our Arena floor.

These Mini-Skills Position Camps are offered to 6th through 12th graders beginning on Monday, June 16th at 1:00 p.m. Each three hour session will consist of in-depth training on the day's particular skill. It will also consist of game like situations using the skill of the day.

For example, on Monday, June 16th, we will be working on passing only. We will focus on ball control, placement, and serve receive.

On Tuesday, June 17th, we will work on setting. Our main focus will be proper footwork, transitioning, and hand positioning plus running an effective offense.

On Wednesday, June 18th, all drills will focus on hitting, transition, blocking, and shot selection. We will split up hitters based on position and breakdown hitting responsibilities for each area.

Finally on Thursday, June 19th, we will wrap up the skills week with defense. All drills will focus on body positioning, ball control, transitioning and of course, defensive attitude!

You can pick one or all of them — the choice is up to you!

| SIGN UP FOR (Please check): | DATE | TIME | COST |
|---|-----------------|------------------------|--|
| <input type="checkbox"/> Grade School Camp 2nd through 5th grade | June 16—June 19 | 9:00am to 12:00noon | \$95 (\$110 after 5/15/08) |
| <input type="checkbox"/> Junior High Camp 6th through 8th grade | June 16—June 19 | 9:00am to 12:00noon | \$95 (\$110 after 5/15/08) |
| <input type="checkbox"/> High School Camp 9th through 12th grade | June 16—June 19 | 5:00pm to 8:00pm | \$95 (\$110 after 5/15/08) |
| <input type="checkbox"/> Elite Camp/Team Camp 9th through 12th grade | June 16—June 19 | 5:00pm to 8:00pm | \$95 (\$110 after 5/15/08) |
| <input type="checkbox"/> Mini Skills Camp 6th through 12th grade | | | |
| <input type="checkbox"/> Passing | June 16 | 1:00pm to | \$30 |
| <input type="checkbox"/> Setting | June 17 | 4:00pm | each |
| <input type="checkbox"/> Hitting | June 18 | | session |
| <input type="checkbox"/> Defense | June 19 | or | \$100 for all 4 sessions |
| | | | (\$40 each session/\$125 for all 4 after 5/15/08) |

Total: _____

Name _____

Address _____

City _____ State _____ Zip _____

Home & Cell Phone _____ Email Address _____

Emergency Phone and Contact _____

School in the Fall of 2008 _____ Grade in the Fall of 2008 _____

Method of Payment
\$20 refundable deposit required if not paying in full.

T-Shirt Size (Please check one):

- | | | |
|--|-----------------------------|------------------------------|
| <input type="checkbox"/> Check # _____ | <input type="checkbox"/> YM | <input type="checkbox"/> AM |
| <input type="checkbox"/> Cash | <input type="checkbox"/> YL | <input type="checkbox"/> AL |
| | <input type="checkbox"/> AS | <input type="checkbox"/> AXL |

**Please make checks payable and mail to:
Kim Nelson-Brown**

ILLINOIS WESLEYAN UNIVERSITY
Volleyball Camps
P.O. Box 2900
Bloomington, IL 61702-2900