

ILLINOIS WESLEYAN UNIVERSITY



ATHLETIC VISITOR'S GUIDE

Visitor's Guide

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Welcome to the Athletic Complexes at Illinois Wesleyan University

The information in this guide has been compiled for your convenience. It is intended for the teams, officials and accompanying media in preparation for competitions hosted by Illinois Wesleyan.

You will find important information such as hotel accommodations, eating establishments, key contacts, maps of the area and all information necessary to plan an overnight stay in the Bloomington-Normal Area.

If any questions or concerns arise during your planning, please feel free to contact any of our personnel in the key contact list in this manual.

WELCOME...and may your stay in Bloomington-Normal be memorable!



Directions to Athletic Facilities

FROM NORTH (Chicago):

Take I-55 South to Bus. 51 South (Exit #165). Proceed about 3 miles to Emerson Street. Take a left and complexes will be on the left, 3 blocks down.

FROM NORTH (Rockford):

Take I-39 South to Bus. 51 South (Exit #2). Proceed about 5 miles to Emerson Street. Take a left and complexes will be on the left, 3 blocks down.

FROM WEST (Peoria, Quad Cities):

Take I-74 East to I-55 North (Chicago Exit #127). Follow to Rt. 51 South (Business Exit #165A). Proceed about 3 miles to Emerson Street and turn left. Complexes will be on the left, 3 blocks down.

FROM EAST (Champaign, Indianapolis):

Take I-74 West to Route 51 (North Business Exit #135). Turn right at stop sign and proceed about 4 miles to Emerson Street and turn right. Complexes will be on the left, 2 blocks down.

FROM SOUTH (Springfield, St. Louis):

Take I-55 North to Veterans Parkway North (Business 55 – Exit #157B) Proceed about 2 miles to Main Street North (Bus. 51) go down ramp and turn left (north) at the light. Proceed north about 2 miles to Emerson Street and turn right. Complexes will be on the left, 2 blocks down.

FROM SOUTH (Decatur):

Take US51 North into Bloomington-Normal. Will turn into Main Street or Bus. 51. Stay on 51 through town until you get to Emerson Street and take a right. Complexes will be on the left, 2 blocks down.

Parking: Plenty of parking is available on the East Side of the Shirk Center. All buses are encouraged to drop athletes off on the South Side Entrance and park in the East lot. For Baseball and Softball Teams, Bus Parking may be available on Franklin Street which is on the West Side of the Shirk Center.

IWU ATHLETIC PERSONNEL (KEY CONTACTS)

Dennie Bridges, Athletic Director

Office - 309-556-3345 Home - 309-663-1634

E-mail - dbridges@iwu.edu

Mike Wagner, Assoc. A.D., Asst. Football, Head Strength & Conditioning

Office - 309-556-3341 Home – 309-454-8318

E-mail – mwagner@iwu.edu

Norm Eash, Assoc. A.D., NCAA Compliance, Head Football

Office – 309-556-3344 Home – 309-828-1018

E-mail – neash@iwu.edu

Kim Nelson-Brown, Assoc. A.D., Head Volleyball

Office – 309-556-3349 Home – 309-888-9691

E-mail – knbrown@iwu.edu

Bill Kauth, Head Athletic Trainer

Office – 309-556-3601 Home – 309-823-9189

E-mail – bkauth@iwu.edu

Emily Enemark, Assistant Athletic Trainer

Office – 309-556-3601 Home – 815-501-7707

E-mail – eenemark@iwu.edu

Stew Salowitz, Sports Information Director

Office – 309-556-3206 Home- 309- 452-1309

E-mail – salowitz@iwu.edu

Fax –309-556-3804

Tony Robbins, Equipment Room Manager

Office – 309-556-3604 Home – 309-824-8234

E-mail – arobbins@iwu.edu

Gaylynn Meek, Office Coordinator

Office – 309-556-3196 Home – 309-662-5890

E-mail – gmeek@iwu.edu

COACHING STAFF

Ron Rose, Head Men's Basketball

Office – 309-556-3340 Email – rose@iwu.edu

Mia Smith, Head Women's Basketball

Office – 309-556-3611 Email – msmith@iwu.edu

Dennis Martel, Head Baseball

Office – 309-556-3335 Email – dmartel@iwu.edu

Lloyd Hult, Head Softball Coach

Office – 309-556-3348 Email – lhult@iwu.edu

Jim Ott, Head Men's Golf

Office – 309-763-4058 Email – ottjim@hotmail.com

Kathy Niepagen, Head Women's Golf

Office – 309-556-3612 Email – niepy@aol.com

Dave Barrett, Head Women's Soccer

Office – 309-556-3343 Email – dbarrett@iwu.edu

Ryan Lakin, Head Men's Soccer

Office – 309-556-2011 Email – rlakin@iwu.edu

Chris Schumacher, Head Track and Field

Office – 309-556-3624 Email – cschumac@iwu.edu

Jason VonHueklin, Head Men's Tennis

Office – 309-556-3626 Email – jtvanhe@ilstu.edu

Scott McCluskey, Head Women's Tennis

Office – 309-556-3626 Email – s_mccluskey@msn.com

Teresa Fish, Head Men's & Women's Swimming

Office – 309-556-3382 Email – tfish@iwu.edu

Greg Huffaker, Head Cross Country, Asst. Track & Field

Office – 309-556-2033 Email – ghuffake@iwu.edu

Mike Murray, Asst. Football, Recruiting Coordinator

Office – 309-556-3079 Email – mmurray1@iwu.edu

Department Fax Number = 309-556-3484

Department Web Site = www.iwu.edu/~iwunews

Best Western – University Inn
6 Traders Circle
Normal, IL 61761
Phone – 309-454-4070
Contact – Shauna Patelli
(Near Bus. 51 and I-55, North Normal)

Directions to Athletic Complex:

Follow Road that leads out of hotel to Raab Rd. Take a left (east) onto Raab and proceed to 1st light. Take a right on Main St. (Bus. 51 South) and follow for approx. 3 miles to Emerson St. and take a left. Complexes will be on the left, 3 blocks down.

Restaurants:

Type of Cuisine:

Walking Distance:

Tom's Pancake House	Breakfast
Steak-n-Shake	American
Arby's	Fast Food
Burger King	Fast Food
McDonald's	Fast Food
China Star	Chinese
Denny's	American
Sly's	Barbecue

Within 1 mile:

A & W Hamburgers	Fast Food
Kentucky Fried Chicken	Fast Food
Ming's Wok	Chinese
Pizza Hut	Pizza

**Doubletree
10 Brickyard Dr.
Bloomington, IL 61701
Phone – 309-664-6446
Contact – Steve Schroeder
(Veteran’s Parkway and Bus. 51, South side of town)**

Directions to Athletic Complexes:

Exit Hotel to Veteran’s Parkway South (take a right) and go about ½ mile to Bus. 51 North (Main St.). Follow for 2 miles to Emerson St. and take a right. Complexes will be on the left, 2 blocks down.

Restaurants:

Walking Distance:

TGI Friday’s
Panera Bread
Shannon’s

Type of Cuisine:

American
Bakery
Family Diner

Within 1 mile:

Famous Dave’s
Ned Kelly’s
Redfire Grill
Grady’s Fun Center
Burger King
Steak-n-Shake
Longhorn Smokehouse
Tachibana

Barbecue
American
American
Pizza
Fast Food
American
Barbecue
Japanese

**The Chateau
1601 Jumer Dr.
Bloomington, IL 61704
309-662-2020
Contact – Josh Ware
(Veteran’s Parkway and Jumer Dr. North East Side of Town)**

Directions to Athletic Complexes:

Turn left onto Jumer Dr. and proceed to 1st stop light (Veteran’s Parkway). Go south (left) and proceed to 1st stop light (GE/Vernon) and take a right. Go to second stop light (Towanda) and take a left. Follow Towanda for approx. $\frac{3}{4}$ of a mile to Emerson St. (1st stop sign) and take a right. Athletic complexes will be on the right hand side about 1 mile down.

Restaurants:

Type of Cuisine:

Walking Distance:

Chili’s Bar & Grill	American
Blimpie’s	Subs and Deli
Bennigan’s	American
Carlos O’ Kelly’s	Mexican
Fiesta Ranchera	Mexican
Logan’s Roadhouse	American
Flat Top Grill	Stir Fry
McDonald’s	Fast Food
Taco Bell	Fast Food
Hardee’s	Fast Food
Pizza Hut	Fast Food
Wendy’s	Fast Food

Within 1 mile:

La Gondola	Italian
Baker’s Square	American
Steak n Shake	Fast Food
Bagelman’s	Bagels

Hampton Inn and Suites
320 S. Towanda Ave.
Normal, IL 61761
309-452-8900
Contact – Joel Ramseyer
(At the Shoppes of College Hills)

Directions to Athletic Complexes:

Turn left (South) onto Towanda out of Mall and proceed to 2nd stop light (Emerson). Go west (right) and proceed to 2nd stop sign. Stay on Emerson for 2 blocks and Athletic complexes will be on the right hand side.

Restaurants:

Type of Cuisine:

Walking Distance:

Chili's Bar & Grill	American
Blimpie's	Subs and Deli
Bennigan's	American
Carlos O' Kelly's	Mexican
Fiesta Ranchera	Mexican
Logan's Roadhouse	American
Flat Top Grill	Stir Fry
McDonald's	Fast Food
Taco Bell	Fast Food
Hardee's	Fast Food
Pizza Hut	Fast Food
Wendy's	Fast Food

Within 1 mile:

La Gondola	Italian
Baker's Square	American
Steak n Shake	Fast Food
Bagelman's	Bagels

Country Inn & Suites
2403 E. Empire
Bloomington, IL 61704
309- 662-3100 Contact – Amie Leander
(Rte. 9 & Veteran's, Near Airport.)

Directions to Athletic Complexes:

Take a left onto Empire Street from the hotel (This becomes Rte. 9). Follow Rte. 9 to Fairway Dr. and turn right. Fairway will turn into Emerson St. at the 1st stop sign. Proceed about 1 mile and complexes will be on the right hand side.

Restaurants:

Type of Cuisine:

Within 1 mile:

Mings
Buffalo Wild Wings
Le Peep
Popeye's
Culvers
Hooter's

Chinese
American
Brunch
Fast Food
Fast Food
American

**Eastland Suites
1801 Eastland Dr.
Bloomington, IL 61704
309-662-0000 Contact – Bill Leggett
(Off Veteran’s Parkway & Eastland Dr., Southeast side of Blm.)
Near Eastland Mall**

Directions to Athletic Complexes:

Go West on Eastland Dr., drive past Veteran’s Pkwy and stay on Eastland until you get to Fairway Dr. (T-Intersection). Take a right onto Fairway past Empire St. to the 1st stop sign. At that stop sign, Fairway turns into Emerson. Proceed West on Emerson about 1 mile and the athletic complexes will be on the right hand side.

Restaurants:

Type of Cuisine:

Walking Distance

Hot Wok Express	Chinese
Kentucky Fried Chicken	Fast Food
Olive Garden	Italian
Eastland Mall	Food Court
Applebee’s	American
Pot Belly Sandwich Works	Subs
Star Bucks	Coffee
Krispy Kreme	Donuts

Within 1 mile:

McDonald’s	Fast Food
Chicago Style Pizzeria	Italian
Schlotzky’s Deli	Sub’s & Deli
Hooters	American
Culvers	American
Fiesta Ranchera	Mexican
Mings	Chinese
Rosati’s	Pizza
Jim’s Steak House	Steaks

Baymont Inn
604 ½ IAA Drive
Bloomington, IL 61701
Phone – 309-662-2800 Contact- Nicole Johnson
(Veteran’s Parkway and Rte. 9, East Side of Blm.)
Near Eastland Mall

Directions to Athletic Complexes:

Take a right onto IAA Drive from the hotel. Follow to Fairway Dr. (2nd stop sign) and take a right. Fairway will turn into Emerson St. at the 1st stop sign. Proceed about 1 mile and complexes will be on the right hand side.

Restaurants: Walking Distance:

Type of Cuisine:

Schlotzky’s Deli
McDonald’s
Eastland Mall
Chicago Style Pizzeria
Bandera’s
Fiesta Ranchera

Subs and Deli
Fast Food
Food Court
Italian
Barbecue
Mexican

Within 1 mile:

Applebee’s
Burger King
La Gondola
Outback Steak House
Olive Garden
Garden of Paradise
Subway
Hooter’s
Culver’s
Ming’s

American
Fast Food
Italian
American
Italian
American & Greek
Subs & Deli
American
Fast Food
Chinese Buffet

Hawthorne Suites
1 Lyon Court
Bloomington, IL 61701
309-829-8111 Contact – Leslie Sickles
(Market Street & I74/55, Southwest side of Blm.)

Directions to Athletic Complexes:

Go East on Market Street to Main St (Downtown Bloomington), go North on Main for about 1 mile to Emerson Street. Take a right on Emerson and complexes will be 2 blocks down on the left.

Restaurants:

Type of Cuisine:

Walking Distance

Wendy's	Chinese
Kentucky Fried Chicken	Fast Food
Popeye's	Fast Food
Culvers	Fast Food
Cracker Barrel	American
McDonald's	Fast Food
Subway	Subs
Arby's	Fast Food
Taco Bell	Fast Food

Within 1 mile:

Bob Evans	American
Steak n Shake	Fast Food
Country Pride	Family Diner
Country Kitchen	American
Fiesta Ranchera	Mexican

Holiday Inn Express
 1715 Parkway Plaza Drive
 Normal, IL 61761
 309-862-1600 Contact – Tony DeAngelis
 (Off Veteran’s Parkway & Fort Jesse Rd., Northeast side of Normal.)

Directions to Athletic Complexes:

Go South on Veteran’s Pkwy to Rte 9, Go West to Fairway Dr.
 Take a right onto Fairway and proceed to the 1st stop sign. At that
 stop sign, Fairway turns into Emerson. Proceed West on Emerson
 about 1 mile and the athletic complexes will be on the right hand side.

Restaurants:

Type of Cuisine:

Walking Distance

Fazoli’s
 Shooter’s
 Panera

Italian
 Buffet
 Bagel, Sandwiches

Within 1 mile:

McDonald’s
 Taco Bell
 Subway
 Pizza Hut
 Shoppes at College Hills
 Blimpie’s
 Fiesta Ranchera
 Carlos O’Kellys
 Chili’s
 Logan’s Roadhouse
 Flat Top Grill

Fast Food
 Fast Food
 Subs
 Pizza
 Opening Spr. ‘05
 Subs
 Mexican
 Mexican
 American
 American
 Stir Fry

Clarion
1219 Holiday Dr.
Bloomington, IL 61704
309-662-5311 – Contact: Terri Harper
(Near Rte. 9 and Veteran's Parkway, East Side of Bloomington)
Near Eastland Mall

Directions to Athletic Complexes:

Take a left onto Holiday Drive from the hotel. Follow to Prospect Rd. and take a right, you will be on Prospect for about 15 feet and then turn right onto Rte. 9 (head West). Follow Rte. 9 to Fairway Dr. and turn right. Fairway will turn into Emerson St. at the 1st stop sign. Proceed about 1 mile and complexes will be on the right hand side.

Restaurants: Walking Distance:

Type of Cuisine:

Schlotzky's Deli
McDonald's
Eastland Mall
Chicago Style Pizzeria
Bandana's
Fiesta Ranchera
Olive Garden

Subs and Deli
Fast Food
Food Court
Italian
Barbeque
Mexican
Italian

Within 1 mile:

Applebee's, Ruby Tuesday
Burger King,
Outback Steak House
La Gondola
Garden of Paradise
Subway
Hooter's
Culver's
Ming's

American
Fast Food
American
Italian
American & Greek
Subs & Deli
American
Fast Food
Chinese Buffet

Bloomington Normal Transportation

Plane: Central Illinois Regional Airport
3201 CIRA Drive
Bloomington, IL 61704
309-663-7383
(Free Parking)
Airlines: AirTran, American Eagle, Delta Connection
Northwest, United Express, Image Air
(Charter)

Train: Amtrak
100 E. Parkinson
Normal, IL 61761
309-862-2000 or 800-872-7245
From Chicago or St. Louis

Automobile Rental:

Avis Rent a Car (Airport)	309-663-5831 800-831-2847
Enterprise Rent a Car	309-664-0100 800-325-8007
Hertz Rent a Car (Airport)	309-828-3342 800-654-3131
National Car Rental (Airport)	309-663-7353 800-227-7368

Bus/Limo Service:

Greyhound Bus Lines	309-827-5599
Peoria Charter Coach	309-662-6951
Elegant Limousine, Inc.	309-888-4900

Buffet Style Restaurants (Team Friendly)

Sodexo Campus Service	Illinois Wesleyan Univ.	556-3167
Shooters Buffet	Veteran's & Parkway Plaza	454-1100
Chicago Style Pizzeria	Rte. 9 & Veteran's Pkwy	663-9566
Godfathers Pizza	College Ave. Normal	452-4466
Top's China Buffet	El Dorado, Blm	661-6351
Ming's	Hershey & Eastland	663-2883
Fazoli's (call ahead for all u can eat pasta),	Veteran's Pkwy & Parkway Plaza	452-7700

Pizza Delivery

Avanti's (Pizza & Subs)	Normal	452-4436
Domino's	Bloomington	828-6011
	Normal	454-5111
Rosati's	Bloomington	820-8838
Grady's	Bloomington	662-3333
Jake's	Normal	452-5253
Micheleo's	Bloomington	829-5900
	Normal	452-1141
Monical's	Bloomington	662-8502
	Bloomington	662-6933
	Normal	454-7999

Pizza Continued.....

Papa John's	Normal	454-7272
	Bloomington	662-4422
Pizza Hut	Bloomington	662-2626
	Normal	454-2491
	Normal	888-4911
Tobin's	Bloomington	828-0410

ICE CREAM

Baskin Robbins	1615 E. Empire, Bloomington (Eastland Mall)	661-0131
	704 S. Main St., Normal	452-7811
Carl's Ice Cream	601 W. Locust, Bloomington	828-7732
Culver's	901 N. Hershey Rd, Bloomington	662-7070
Dairy Queen	1528 E. College, Normal	454-5850
	1718 S. Main St., Bloomington	827-6432
Gene's Drive-In	1019 S. Main St, Bloomington	829-6022
Freshen's	1615 E. Empire, Bloomington (Eastland Mall)	662-8704
Cold Stone Creamery	309 Veteran's Parkway (Shoppes at College Hills)	888-2606
Emack & Bolio's	107 E. Beaufort St.	454-9375

Things To Do

Movie Theatres

Parkway Cinemas	2103 Veteran's Parkway, Blm.	309-662-1228
The Palace Cinemas	415 Detroit Ave., Blm.	309-661-2452
University Cinemas	1010 S. Main St., Normal	309-452-2112

Shopping

Eastland Mall 309-663-5361	1615 E. Empire, Blm. (Rte. 9 & Vet. Pkwy) 90 Specialty Stores, 5 Anchors, Food Court
Shoppes at College Hills 309-454-1300	301 S. Veterans Pkwy, Nrml (College & Vet Pkwy) Open Air Shopping

Entertainment

Grady's Family Fun Center 309-662-3332	1501 ½ Morrissey Dr., Blm (Off Vet. Pkwy) Mini-Golf, Bumper Boats, Batting Cages, Go Karts
Circle Lanes-Bowling 309-663-7402	1225 Holiday Dr. Blm. (Vet. Pkwy & Rte. 9)
Pheasant Lanes-Bowling & Miniature Golf 309-663-8556	804 N. Hershey Rd., Blm
Savidge Lanes – Bowling 309-828-8931	1006 E. Lincoln St., Blm
Ride the Nine – Billiards 309-662-1009	503 N. Prospect, Blm
Miller Park Zoo 309-434-2250	1020 S. Morris, Blm Open 10-4:30 pm Daily
Upper Limits 309-829-8255	1304 W. Washington, Blm Large Indoor Climbing Facility
Ironwood Golf Course 309-454-9620	1901 N. Towanda Ave., Normal www.normal.org Course for Men's and Women's Titan Golf Outing
Midwest Powerchute 309-747-3835	Gridley, IL Fly on a go-cart attached to a parachute. 20 minutes from Bloomington-Normal.

Training & Medical Information

The athletic training room is a 2,000 square foot area with all of the amenities necessary for providing health care for athletes in any sport. Five taping tables complete with disposal areas provide plenty of space to prepare any team for practice or competition. The training room also contains four treatment tables complete with modalities (listed below). Two evaluation tables complement the middle of the training room and curtains from ceiling to floor provide privacy if necessary. The separate whirlpool room contains three whirlpools with access for either hot or cold water. A sink and counter top provide another access area for treatment. A rehabilitation area is complete with isokinetic (cybex) machine as well as a small assortment of free weights, exercise bands, exercise balls, and other rehabilitation equipment.

Modalities:

3 Ultrasound Machines	2 Ice Machines
2 Electric Muscle Stimulators	2 Cryocuffs
- High Volt	1 Parafin Bath
- Low Volt	10 Water Coolers
- Russian	Paper Cups if requested
- Pre-Mod	
- Interferential	

Personnel:

Head Athletic Trainer: Bill Kauth Ed.D, CSCS, ATC-L
Home Phone: 823-9189
Cell Phone: 824-6181
Office Phone: 556-3601

Assistant Athletic Trainer Emily Enemark, CSCS, ATC

Team Physician Dr. Paul Pedersen (St. Joseph Hospital)

Team Orthopedic Physician: Dr. Tony Dustman (Sport Enhancement Center)

Emergency Trauma Center/Hospital:
BroMenn Hospital
Virginia at Franklin Street
Normal, IL 61701
(309) 452-1400

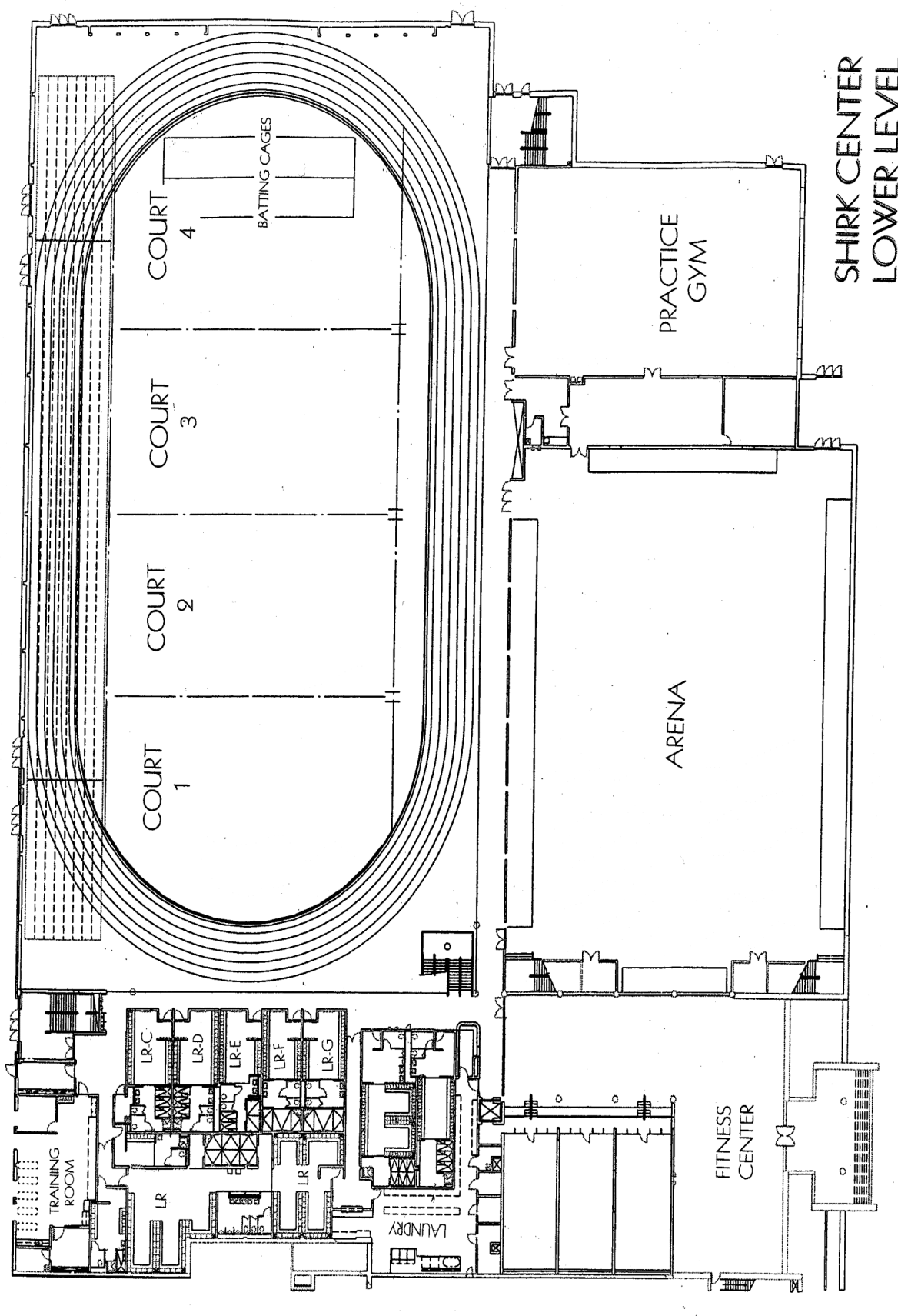
Media Arrangements

Radio – Space will be reserved for each participating institutions home radio stations as designated by the institution.

Press Row – Designated Areas will be assigned for all press and SID for each participating institution.

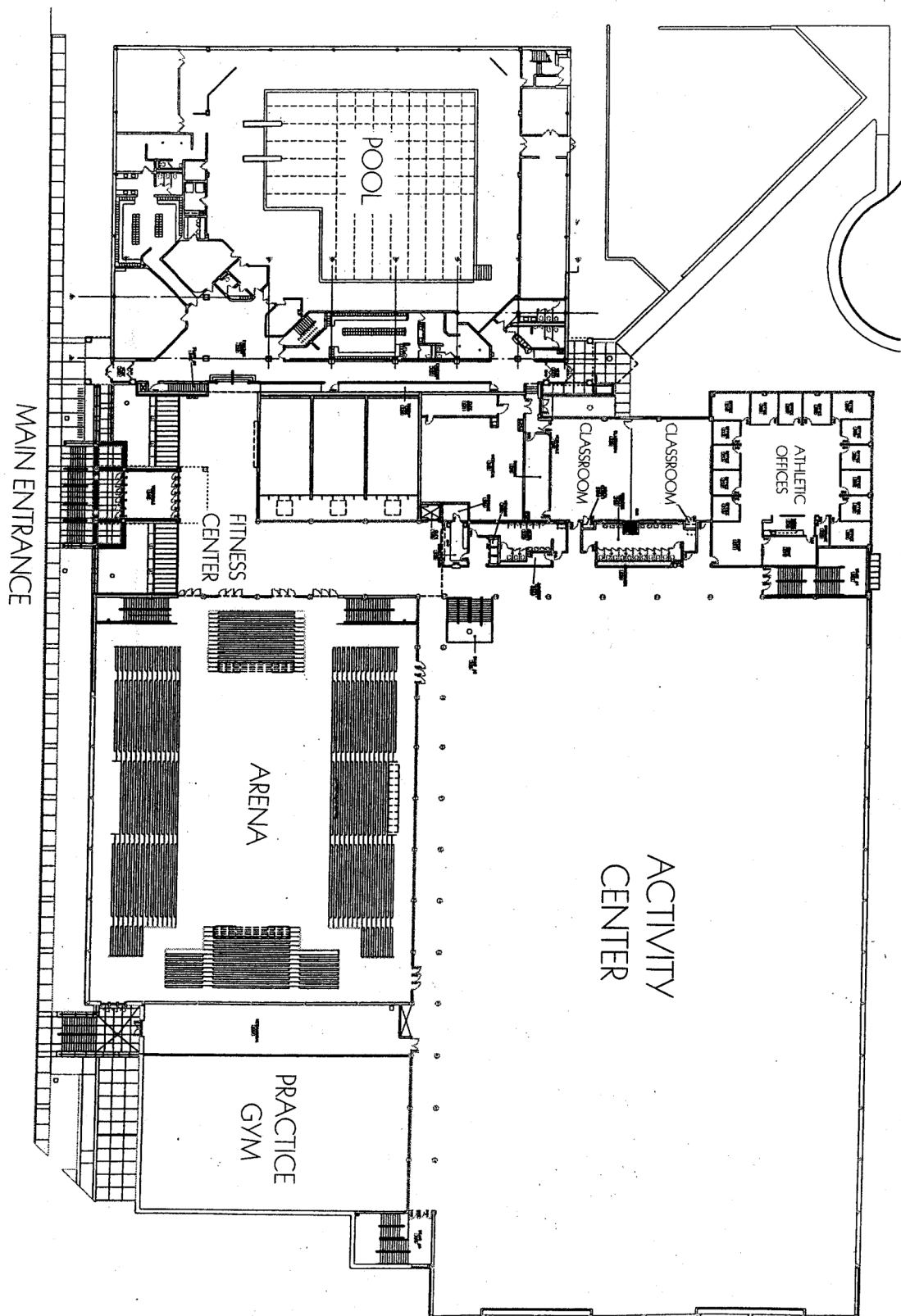
Working Media Facilities – Fax, Phone and Copy Machine use will be arranged through the SID (Salowitz) and his staff.

Photography – Please check with SID to arrange any special set up for photography (ex. Flash cells)

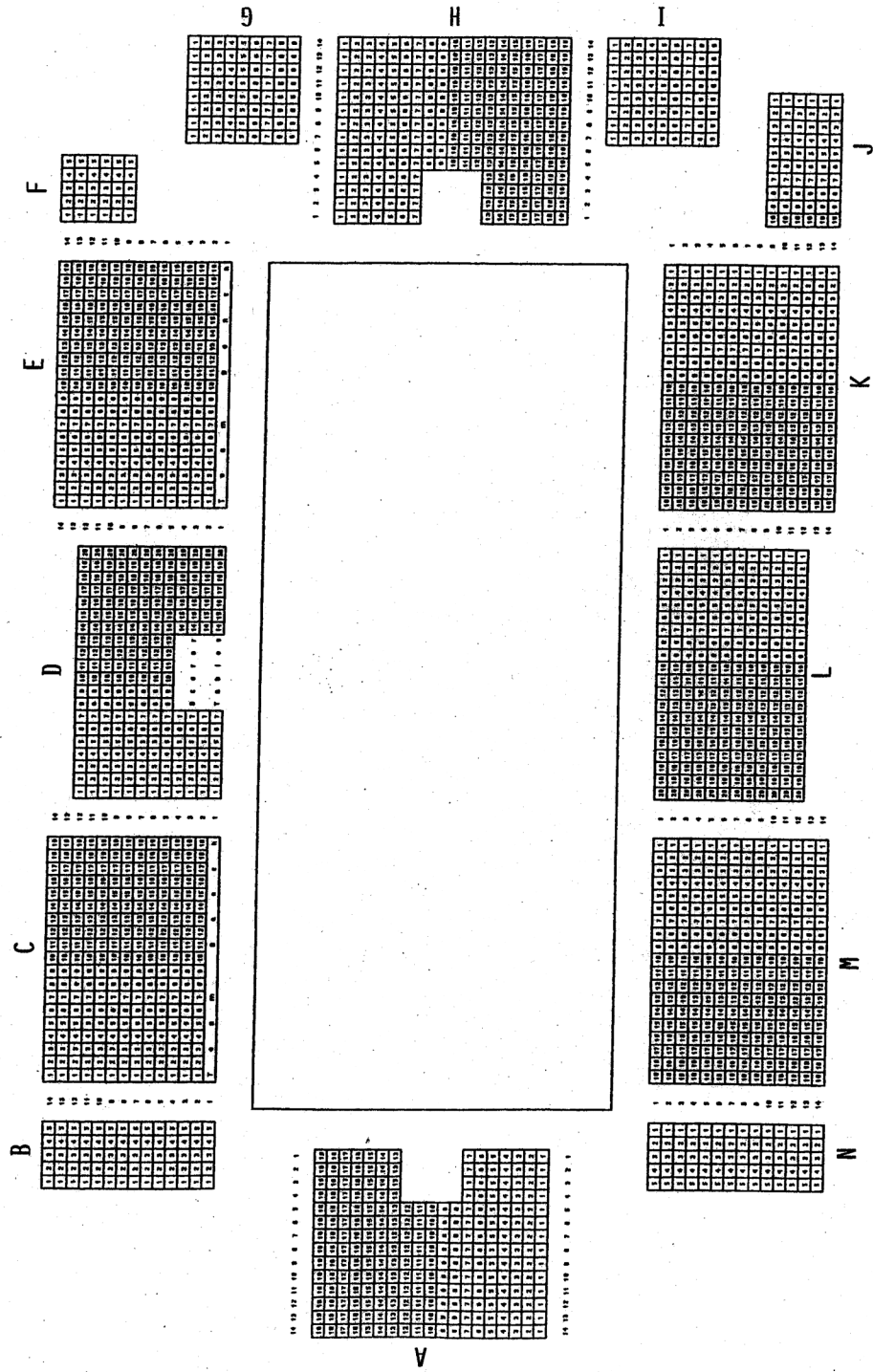


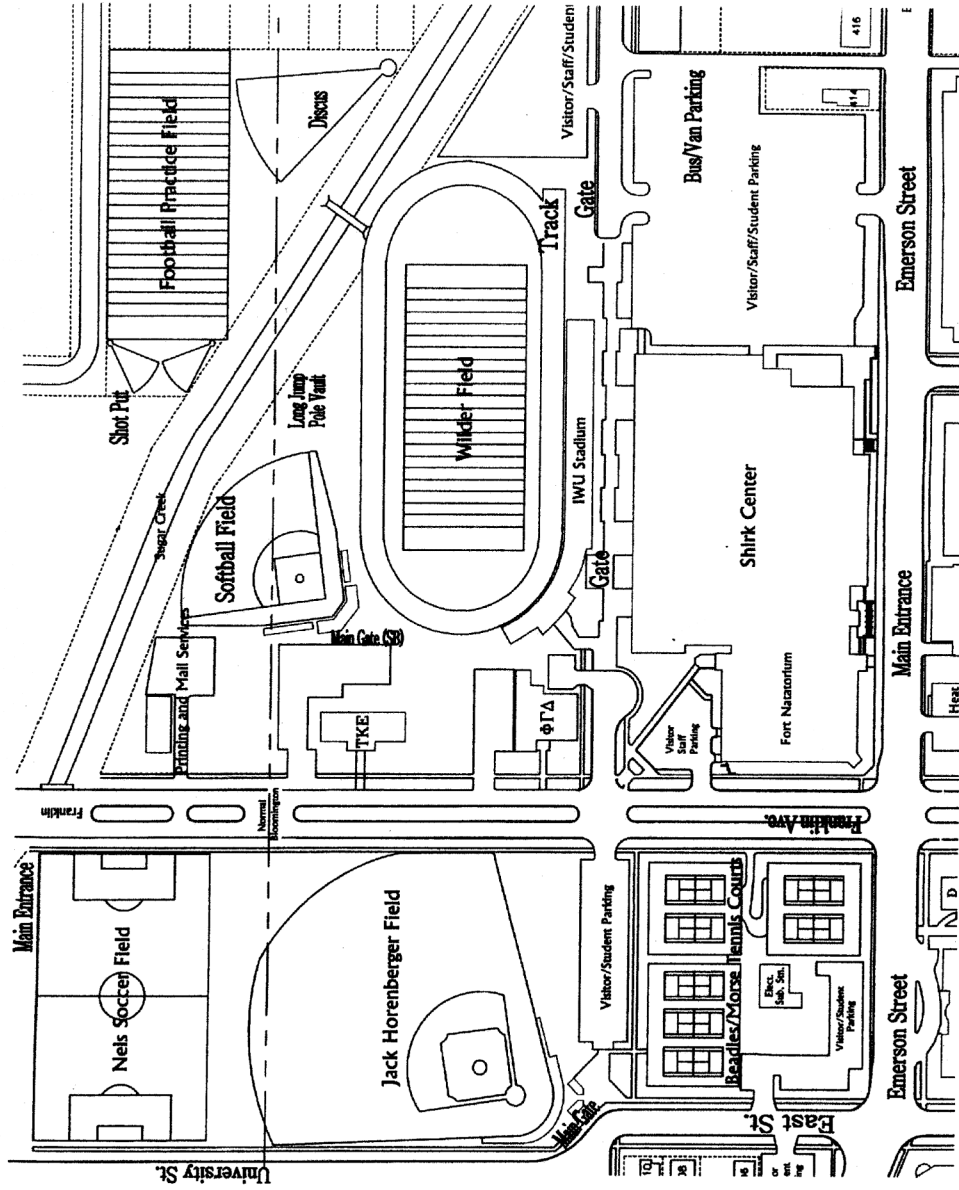
SHIRK CENTER
LOWER LEVEL

SHIRK CENTER
UPPER LEVEL



Shirk Center Arena
Seating Chart





Illinois Wesleyan University BLOOMINGTON, IL



LIVING UNITS

- A) Arcadia (Adams Hall)
- B) Alpha Gamma Delta
- C) Blackstock Hall
- D) DeMotte Hall
- E) Dadds Hall
- F) Dolan Hall
- G) Ferguson Hall
- H) Gulick Hall
- I) Harriett Fuller Rust House
- J) Kappa Delta
- K) Kappa Kappa Gamma
- L) Kemp Hall (International House)
- M) Magill Hall
- N) Munsell Hall
- O) Park Place
- P) Pfeiffer Hall

- Q) Phi Gamma Delta
- R) Phi Mu Alpha
- S) Sigma Alpha Iota
- T) Sigma Chi
- U) Sigma Kappa
- V) Sigma Pi (Beadles Hall)

- W) Theta Chi
- X) Tau Kappa Epsilon
- Y) Troyer Hall
- Z) Wilder House

UNIVERSITY BUILDINGS AND SITES

- 1) The Ames Library
- 2) Arnold Health Service
- 3) Beadles-Morse Courts
- 4) Buck Memorial Library
- 5) Career Center (in Gulick Hall)
- 6) Center for Liberal Arts
- 7) Center for Natural Science
- 8) Eckley Quadrangle
- 9) English House
- 10) Evelyn Chapel
- 11) Fort Natatorium
- 12) Hansen Student Center
- 13) Holmes Hall (Administration Building)
- 14) Horenberger Field
- 15) Information Technology
- 16) Joyce Eichhorn Ames School of Art Building
- 17) Mark Evans Observatory
- 18) McPherson Hall
- 19) Memorial Student Center
- 20) Multi-Cultural Center
- 21) Neis Soccer Field
- 22) President's House
- 23) Presser Hall (School of Music)
- E. Melba Johnson Kirkpatrick Laboratory Theatre
- Westbrook Auditorium
- 24) Publications, Printing and Mailing Services
- 25) Security Department
- 26) Sesquicentennial Gateway
- 27) Shaw Hall
- 28) Sheean Library
- 29) Shirk Center
- 30) Softball Field
- 31) Stevenson Hall (School of Nursing)
- 32) University Bookstore
- 33) Wilder Field (Illinois Wesleyan Stadium)

ENJOY YOUR STAY!!

