

Illinois Wesleyan University 2008-09 Women's Basketball

Name of school – Illinois Wesleyan University
City/Zip – Bloomington, IL 61702
Founded – 1850
Enrollment – Approximately 2,100
Nickname – Titans
School Colors – Green and White
Arena Name – Shirk Center
Capacity – 2,680
Affiliation – NCAA Division III
Conference – College Conference of Illinois and Wisconsin
President – Richard F. Wilson
Alma Mater, Year – Alderson-Broadbush, 1968
Athletics Director – Dennie Bridges
Alma Mater, Year – Illinois Wesleyan, 1961
Athletic Dept. Phone – (309) 556-3196
Athletic Dept. Fax – (309) 556-3484
Athletic Trainer – Bill Kauth
Web Site – www.iwu.edu

Coaching Staff

Head coach – Mia Smith
Alma Mater, Year – SIU-Edwardsville, 1986
Record at School, Years – 169-94 (.643), 10 seasons
Career Record, Years – 169-94 (.643), 10 seasons
CCIW Record, Years – 92-48 (.657), 10 seasons
Basketball Office Phone – (309) 556-3611
Best time to reach coach – Mornings
Assistant Coaches – LaShawn Johnson, Katherine Menendez, Chad Cusac, Tasha Gaston-Bell

History

First Year of Basketball – 1971-72
Overall all-time record – 380-387 (.495)
No. yrs. in NCAA Tournament/Last – 5/2008
Last postseason opponent – University of Wisconsin-Whitewater
Result – Lost, 87-63, in 2008 NCAA Division III second round game

Team Information

Overall record last year – 26-3
Conference record/finish – 13-1, 1st
Starters returning/lost: – 3/2
Letterwinners returning/lost – 6/5
Preseason CCIW Poll – 1st
Preseason D3hoops.com – 10th

Sports Information

Sports Information Director – Stew Salowitz
SID Office Phone – (309) 556-3206
SID Cell Phone – (309) 826-7839
SID Fax – (309) 556-3804
E-mail Address – salowitz@iwu.edu

Top Returning Players

- senior PG Mallory Heydorn
- senior G Claire Sheehan
- junior C Christina Solari

Mallory Heydorn, 5-7, SR, LaGrange, Ill. (Lyons Township HS)

- Selected as a co-winner of the "Most Valuable Player" honor for the 2007-08 team
- First team all-CCIW selection for the second straight season
- Averaged 13.0 points and connected on 79 3-point field goals
- Second on the team in both blocks (13) and assists (83)
- After three seasons she is the Wesleyan all-time leader with 215 3-pointers, ranks No. 10 with 1,054 career points, and No. 7 with 260 assists

Claire Sheehan, 5-7, SR, St. Charles, Ill. (East HS)

- Earned the team's "All-American Titan" honor, bestowed for sportsmanship, integrity, leadership and overall responsibility to basketball success
- Led team in scoring with 400 points and 13.8 averages and the 400 points is 10th most in an IWU single season
- Shot .833 percent from the free throw line last season (90-108) and had 46 steals, both marks good for second on the team
- After three seasons, she ranks 15th all-time at IWU with 961 points and is No. 9 with 119 3-pointers
- Her 206 free throws is 11th most at IWU and her 179 assists is good for No. 14

Christina Solari, 6-0, JR, Park Ridge, Ill. (Maine South HS)

- Selected as a co-winner of the "Most Valuable Player" honor for the 2007-08 team
- Led the Titans with 9.8 rebounds per game and set a school season record with 284 boards and was the leading rebounder in 23 games
- Set a school game record for field goal percentage, making 10 of 11 (.909) in a 111-77 NCAA tourney win over Maryville (Mo.)
- Averaged 11.0 points per game, shooting a team high .624 from the field
- Led the squad in both assists with 87 and in steals with 60

Returning Letterman

- Colleen Caplice, 5-11, SR, Western Springs, Ill. (LaGrange Lyons HS)
- Nikki Preston, 5-10, SO, Prospect Heights, Ill. (Wheeling HS)
- Hope Schulte, 5-10, SO, Hillsboro, Ill. (HS)

Illinois Wesleyan University 2008-09 Women's Basketball Schedule

Head Coach - Mia Smith (169-94 overall, 92-48 CCIW in 10 seasons)

Assistant Coaches - LaShawn Johnson, Katherine Menendez, Chad Cusac, Tasha Gaston-Bell

| DAY, DATE | OPPONENT | TIME | LOCATION |
|-----------------------|----------------------------|------------------|--------------------------|
| Fri., Nov. 21 | # DePauw | 5 p.m. | St. Louis, Mo. |
| Sat., Nov. 22 | # Central or Washington U. | 2 or 4 p.m. | St. Louis, Mo. |
| Sat., Nov. 29 | at MacMurray | 2 p.m. | Jacksonville, Ill. |
| Tues., Dec. 2 | MISSOURI BAPTIST | 5 p.m. | Bloomington, Ill. |
| Sat., Dec. 6 | at Maryville | 2 p.m. | St. Louis, Mo. |
| Sat., Dec. 13 | at U. of Chicago | 2 p.m. | Chicago, Ill. |
| Fri., Dec. 19 | FONTBONNE | 5:15 p.m. | Bloomington, Ill. |
| Sat., Dec. 27 | + vs. Linfield | TBA | Tacoma, Wash. |
| Sun., Dec. 28 | + at Puget Sound | TBA | Tacoma, Wash. |
| Sat., Jan. 3 | at St. Francis | tba | Joliet, Ill. |
| Tues., Jan. 6 | * at Augustana | 7:30 p.m. | Rock Island, Ill. |
| Sat., Jan. 10 | * CARTHAGE | 2 p.m. | Bloomington, Ill. |
| Tues., Jan. 13 | * at North Park | 7:30 p.m. | Chicago, Ill. |
| Sat., Jan. 17 | * at Millikin | 2 p.m. | Decatur, Ill. |
| Wed., Jan. 21 | * AUGUSTANA | 5:15 p.m. | Bloomington, Ill. |
| Sat., Jan. 24 | * at Wheaton | 2 p.m. | Wheaton, Ill. |
| Tues., Jan. 27 | ELMHURST | 7:30 p.m. | Bloomington, Ill. |
| Sat., Jan. 31 | * at North Central | 2 p.m. | Naperville, Ill. |
| Tues., Feb. 3 | * NORTH PARK | 7:30 p.m. | Bloomington, Ill. |
| Sat., Feb. 7 | * at Carthage | 2 p.m. | Kenosha, Wis. |
| Tues., Feb. 10 | * MILLIKIN | 7:30 p.m. | Bloomington, Ill. |
| Sat., Feb. 14 | * WHEATON | 2 p.m. | Bloomington, Ill. |
| Tues., Feb. 17 | at Olivet Nazarene | 5:30 p.m. | Bourbonnais, Ill. |
| Sat., Feb. 21 | * NORTH CENTRAL | 2 p.m. | Bloomington, Ill. |
| Tues., Feb. 24 | * at Elmhurst | 7:30 p.m. | Elmhurst, Ill. |
| Fri., Feb. 27 | CCIW Tournament Semifinals | TBA | TBA |
| Sat., Feb. 28 | CCIW Championship | TBA | TBA |

- Indicates Washington U. Tip-Off Tournament

* - Indicates College Conference of Illinois and Wisconsin game

+ - Puget Sound, Washington Tournament

Illinois Wesleyan University 2008-09 Women's Basketball Roster

Head Coach - Mia Smith (169-94 overall, 92-48 CCIW in 10 seasons)

Assistant Coaches - LaShawn Johnson, Katherine Menendez, Chad Cusac, Tasha Gaston-Bell

| NO. | NAME | POS. | HT. | YR. | HOMETOWN (HIGH SCHOOL) |
|--------|--------------------|------|------|-----|---|
| 42 | Lia Anderson | F | 5-10 | So. | Galesburg, Ill. (HS) |
| 52 | Stacey Arlis | F | 5-10 | So. | Glendale Heights, Ill. (Driscoll Catholic HS) |
| 15 | Amy Burton | C | 6-1 | Fr. | Libertyville, Ill. (Vernon Hills HS) |
| 33 ** | Colleen Caplice | C | 5-11 | Sr. | Western Springs, Ill. (Lyons Township HS) |
| 23 | Kylie Castans | G/F | 5-9 | Fr. | St. Charles, Ill. (Schaumburg HS) |
| 24 | Sarah Cotner | C | 6-0 | So. | Washington, Ill. (HS) |
| 20 | Holly Harvey | G | 5-7 | So. | Chicago, Ill. (Fenwick HS) |
| 11 *** | Mallory Heydorn # | G | 5-7 | Sr. | LaGrange, Ill. (Lyons Township HS) |
| 30 | Jessica Hinterlong | F | 5-10 | So. | Batavia, Ill. (HS) |
| 22 | Lauren Knaack | G | 5-6 | Fr. | McHenry, Ill. (HS) |
| 55 | Amanda Murray | F | 5-7 | Fr. | Bloomington, Ill. (Central Catholic HS) |
| 21 * | Nikki Preston | F | 5-10 | So. | Prospect Heights, Ill. (Wheeling HS) |
| 32 * | Hope Schulte | G | 5-10 | So. | Hillsboro, Ill. (HS) |
| 10 *** | Claire Sheehan # | G | 5-7 | Sr. | St. Charles, Ill. (East HS) |
| 53 * | Christina Solari | C | 6-0 | Jr. | Park Ridge, Ill. (Maine South HS) |
| 41 | Karen Solari | G | 5-8 | Fr. | Park Ridge, Ill. (Maine South HS) |
| 5 | Carrie Williams | G | 5-6 | Jr. | Stanford, Ill. (Olympia HS) |

*-Indicates letters won.

- Indicates captains.

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Revised: October 16, 2008