

# *I Like Myself*

**Directions:** Think about your good points and special qualities. Then complete each statement below. Be prepared to share these statements.

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**1. I like myself when I am ...**

**2. I like myself when I am able to ...**

**3. I like myself because I know that ...**

**4. I like myself because I feel ...**

**5. What others like best about me is ...**

