

# Checking My Own Behavior

**Directions:** For each sentence below, X the responses that apply to you most of the time. If none apply, check the blank that reads "other" and explain.

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## 1. When a teacher lectures in class...

- a. I listen carefully and take notes that I study later.
- b. I listen carefully and try to take notes, but they never help.
- c. I try to listen, but I get bored and my mind wanders.
- d. I listen and I learn a lot, but I don't bother taking notes.
- e. I read or do homework for another class.
- f. I frequently talk, write notes, or just goof off.
- g. I hope to get the notes from someone else later.
- h. I daydream or sleep and hope I can get the information from the book.
- i. Other (explain) \_\_\_\_\_

## 2. When we work in small groups in class...

- a. I don't work much, but enjoy talking to my friends.
- b. I try to work hard, but the others in the group don't usually listen to me.
- c. I usually end up doing most of the work.
- d. I don't participate much, but I learn a lot by listening.
- e. I sit in the group, but do the work by myself.
- f. I enjoy it, but don't seem to learn as much.
- g. I enjoy it and learn more than working alone or getting lectures.
- h. Other (explain) \_\_\_\_\_

## 3. When I work by myself in class...

- a. I work harder because it is easier for me to concentrate.
- b. I talk to friends instead of working.
- c. I don't enjoy it much, but I probably learn best this way.
- d. I borrow answers whenever possible, since I don't learn much this way.
- e. I wait and figure out the answers during discussions.
- f. I just zip through to get done in a hurry and don't worry about it much.
- g. I do my best, but it takes me such a long time!
- h. Other (explain) \_\_\_\_\_